



WELCOME TO THE  
88<sup>TH</sup> ESAA T&F  
CHAMPIONSHIPS



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ESAA



**RESULTS**

**Senior Girls : group A - after 18 finals****Joan Hayward Cup**

1	Kent	93.00
2	West Midlands	69.00
3	London	54.00
4	Greater Manchester	51.50
5	Surrey	50.00
6	Essex	47.00
7	Sussex	35.50
8	Hertfordshire	34.00
9	Berkshire	31.00
10	Hampshire	30.00
11	Middlesex	4.00

**Senior Girls : group B - after 18 finals****Rotary (Northwich) Cup**

1	Nottinghamshire	45.00
2	Derbyshire	31.00
3	Avon	23.00
4	South Yorkshire	22.00
5	Staffordshire	19.00
6	Cheshire	18.00
7	Devon	17.00
8	Merseyside	16.00
9	Leicestershire & Rutland	13.00
9	West Yorkshire	13.00
11	Lancashire	6.00
12	North Yorkshire	4.00

**Senior Girls : group C - after 18 finals****C.F. Gosling Trophy**

1	Somerset	37.50
2	Cambridgeshire	32.00
3	Humberside	22.00
4	Oxfordshire	21.00
5	Dorset	19.00
6	Durham	16.00
7	Gloucestershire	15.50
8	Lincolnshire	12.00
9	Suffolk	3.00
9	Warwickshire	3.00

**Senior Girls : group D - after 18 finals**

?

1	Cumbria	19.00
2	Cleveland	11.00
3	Cornwall	6.00
4	Northumberland	2.00
5	Channel Islands	1.00

**Aggregate Totals after 101 finals****Group A - Broadbridge Trophy**

1	Essex	414.00
2	Surrey	341.50
3	Kent	335.50
4	Hertfordshire	258.00
5	Sussex	257.50
6	London	250.00
7	Greater Manchester	221.50
8	Hampshire	216.00
9	West Midlands	169.00
10	Berkshire	163.00
11	Middlesex	151.00

**Group B - Bradford Cup**

1	Derbyshire	117.50
2	Nottinghamshire	110.00
3	Cheshire	107.00
4	Merseyside	102.00
5	South Yorkshire	99.50
6	Leicestershire & Rutland	93.00
7	Devon	82.00
8	West Yorkshire	80.00
9	Buckinghamshire	78.00
10	North Yorkshire	75.00
11	Staffordshire	69.00
12	Lancashire	68.50
13	Avon	62.00

**Group C - Tonkin Cup**

1	Somerset	121.50
2	Cambridgeshire	107.50
3	Gloucestershire	76.50
4	Durham	76.00
4	Warwickshire	76.00
6	Bedfordshire & Luton	71.00
7	Humberside	66.00
8	Lincolnshire	65.00
9	Wiltshire	60.00
10	Suffolk	52.00
11	Dorset	50.00
12	Oxfordshire	45.50
13	Norfolk	45.00

**Group D - ?**

1	Cumbria	86.00
2	Northamptonshire	63.50
3	Northumberland	51.00
3	Shropshire	51.00
5	Cleveland	38.00
6	Cornwall	32.00
7	Hereford & Worcestershire	27.00
8	Channel Islands	22.00
9	Isle of Man	12.00

**Junior Girls : group A - after 14 finals****Championship Shield**

1	Sussex	52.00
2	Greater Manchester	48.00
3	Hampshire	45.00
4	Essex	43.00
5	Kent	41.00
5	Surrey	41.00
7	London	35.00
7	Middlesex	35.00
9	Berkshire	31.00
10	Hertfordshire	28.00
11	West Midlands	10.50

**Junior Girls : group B - after 14 finals****Forrester Trophy**

1	South Yorkshire	28.00
2	Buckinghamshire	24.00
2	Derbyshire	24.00
2	West Yorkshire	24.00
5	Cheshire	22.00
6	Devon	19.00
6	Nottinghamshire	19.00
8	Leicestershire & Rutland	15.00
9	North Yorkshire	12.00
10	Avon	11.00
11	Merseyside	7.00
12	Lancashire	5.00
13	Staffordshire	4.00

**Junior Girls : group C - after 14 finals****A.F. Joseph Trophy**

1	Wiltshire	21.00
2	Suffolk	15.00
3	Norfolk	14.00
3	Somerset	14.00
5	Gloucestershire	10.00
5	Humberside	10.00
7	Lincolnshire	6.00
8	Dorset	5.00
9	Cambridgeshire	3.00
10	Oxfordshire	1.50
11	Bedfordshire & Luton	1.00
11	Warwickshire	1.00

**Junior Girls : group D - after 14 finals**

?

1	Northumberland	15.00
2	Cleveland	10.00
3	Cornwall	6.00
4	Northamptonshire	5.00
5	Cumbria	1.00
5	Hereford & Worcestershire	1.00
5	Isle of Man	1.00

**Inter Girls : group A - after 18 finals****Hendon Business Men's Trophy**

1	London	77.00
2	Kent	68.50
3	Essex	62.00
4	Surrey	60.00
5	Sussex	46.00
6	West Midlands	45.00
7	Hertfordshire	33.00
8	Berkshire	27.00
9	Greater Manchester	26.50
10	Hampshire	25.00
11	Middlesex	20.00

**Inter Girls : group B - after 18 finals****Goodwill Cup**

1	Cheshire	44.00
2	South Yorkshire	27.00
3	Devon	25.00
4	Derbyshire	22.00
5	Buckinghamshire	21.00
5	Merseyside	21.00
7	Lancashire	20.50
8	Nottinghamshire	19.00
9	North Yorkshire	15.00
10	Staffordshire	13.00
11	Avon	9.00
12	Leicestershire & Rutland	6.00
13	West Yorkshire	5.00

**Inter Girls : group C - after 18 finals****Buckinghamshire Cup**

1	Somerset	32.00
2	Bedfordshire & Luton	30.00
3	Norfolk	16.00
4	Durham	15.00
5	Gloucestershire	13.50
6	Dorset	13.00
7	Lincolnshire	9.00
8	Suffolk	7.00
9	Oxfordshire	6.00
10	Cambridgeshire	3.00
10	Humberside	3.00
12	Wiltshire	2.00
13	Warwickshire	1.00

**Inter Girls : group D - after 18 finals**

?

1	Cumbria	24.00
2	Northamptonshire	22.00
3	Hereford & Worcestershire	10.00
4	Shropshire	7.00
5	Northumberland	1.00

**Junior Boys 100 metres**

ES: 11.70 NS: 11.40 BP: 10.84

**Round 1****Heat 1 (-2.1 m/s)**

1	Joe Southwell	Cumb	11.69	es
2	Omario Henry	Wilts	11.71	
3	Zachary Nwogwugwu	Kent	11.79	
4	Denny Ashison	London	11.79	
5	Reece Earle	Midd	11.82	
6	Micho Tao	Corn	11.91	
7	Jonathan Esiwe	Lincs	12.00	
8	Alfie Jurd	Hamp	12.06	

**Heat 2 (-3.1 m/s)**

1	Graig Anya Joseph	Essex	11.21	ns
2	Trevorae Lumsden	Oxford	11.62	es
3	Felix Hamilton-Marino	Somer	11.75	
4	Callum Brassington-Meehan	H&Wor	11.91	
5	William Kong	Lincs	11.94	
6	Joseph Kane	Mersey	11.95	
7	Pharrell Waite	Derby	11.99	
8	Jacob Haynes	Herts	12.09	
9	Sif Tehuti Miller-Reid	London	12.20	

**Heat 3 (-2.1 m/s)**

1	Marcus McLean	Manch	11.27	ns
2	Olutimilehin Esan	Sussex	11.42	es
3	Mandras Kyeremeh	H&Wor	11.70	es
=	Paul Senior	Notts	11.70	es
5	Chima Onuora	Midd	11.70	es
6	Ehiada Garuba	Midd	11.73	
7	Prince Mulamba	London	11.84	
8	James Connelly	Oxford	11.91	
9	Kyle Mashiter	Lancs	11.97	

**Final**

(-0.7 m/s)

1	Graig Anya Joseph	Essex	11.22	ns
2	Marcus McLean	Manch	11.35	ns
3	Olutimilehin Esan	Sussex	11.40	ns
4	Trevorae Lumsden	Oxford	11.55	es
5	Joe Southwell	Cumb	11.59	es
6	Omario Henry	Wilts	11.64	es
7	Paul Senior	Notts	11.66	es
8	Mandras Kyeremeh	H&Wor	11.69	es

**Junior Boys 200 metres**

ES: 24.00 NS: 23.30 BP: 22.03

**Round 1****Heat 1 (-1.3 m/s)**

1	Mario Dobrescu	Essex	22.68	ns
2	Nathaniel Dyas	SYork	23.23	ns
3	Matt French	WMid	23.39	es
4	Bailey Smith	Sussex	23.42	es
5	Reuben Henry-Daire	Berks	23.52	es
6	Nathan Biggs	H&Wor	23.94	es
7	George Foster	Staff	23.97	es

**Heat 2 (-1.1 m/s)**

1	Ben Wallace	Mersey	23.13	ns
2	Harry Gurr	Corn	23.47	es
3	David Chapman	SYork	23.59	es
4	Daniel Lennie	Nland	23.86	es
5	Stanley Mills	NYork	23.86	es
6	Aydan Tyrrell	Midd	23.95	es
7	Eddie Fenton	Derby	24.08	
8	Callum Still	Sussex	24.39	

**Heat 3 (-1.4 m/s)**

1	Remi Jokosenumi	Midd	22.81	ns
2	Stephen Awuah Baffour	WMid	23.18	ns
3	Francesco Calemma	London	23.55	es
4	Pharrell Tuitt	Leics	23.59	es
5	Saja Manafa	Manch	23.88	es
6	Kaylen Smith	Avon	24.11	
7	Jacob Hopkin	NYork	24.25	
8	Joe Carter	Wilts	24.70	

**Heat 4 (-1.4 m/s)**

1	Noah Ojumu	London	23.19	ns
2	Nnamdi Ndukwe	Midd	23.42	es
3	Lanre Alli	Wilts	23.79	es
4	Jason Bogle	Camb	23.82	es
5	Tobe Okolo	Staff	23.89	es
6	Finlay Ridout	Dorset	23.93	es
7	Charlie Smithers	Lincs	24.13	
8	James Spicer	Bucks	24.55	

**Round 2****Semi-final A (-0.8 m/s)**

1	Mario Dobrescu	Essex	22.66	ns
2	Stephen Awuah Baffour	WMid	23.00	ns
3	Nnamdi Ndukwe	Midd	23.22	ns
4	Noah Ojumu	London	23.25	ns
5	Bailey Smith	Sussex	23.53	es
6	David Chapman	SYork	23.77	es
7	Jason Bogle	Camb	24.15	
	Francesco Calemma	London	dns	

**Semi-final B (-0.3 m/s)**

1	Remi Jokosenumi	Midd	23.18	ns
2	Ben Wallace	Mersey	23.25	ns
3	Harry Gurr	Corn	23.31	es
4	Reuben Henry-Daire	Berks	23.40	es
=	Pharrell Tuitt	Leics	23.40	es
6	Lanre Alli	Wilts	24.12	
	Matt French	WMid	dq	
	Nathaniel Dyas	SYork	dns	

**Final**

(+1.7 m/s)

1	Remi Jokosenumi	Midd	21.99	bp
2	Mario Dobrescu	Essex	22.36	ns
3	Stephen Awuah Baffour	WMid	22.95	ns
4	Nnamdi Ndukwe	Midd	23.15	ns
5	Ben Wallace	Mersey	23.35	es
6	Noah Ojumu	London	23.40	es
7	Harry Gurr	Corn	23.43	es
8	Reuben Henry-Daire	Berks	23.62	es

**Junior Boys 300 metres**

ES: 37.80 NS: 36.80 BP: 35.21

**Round 1****Heat 1**

1	Amir Sultan-Edwards	London	35.22	ns
2	Joel Vernon	SYork	36.19	ns
3	Ben Brinsdon	H&Wor	36.25	ns
4	Ethan Stopford	Mersey	36.89	es
5	Liam Eastaugh	Durham	37.44	es
6	Max Dickson	Midd	38.43	
7	Toby Whitehurst	Herts	39.23	

**Heat 2**

1	Teddy Pearson	Cleve	36.73	ns
2	Ben Verbickas	Chesh	37.07	es
3	Myles Douglas	Herts	37.53	es
4	Kyle Romans	Sussex	38.04	
5	Theo Butcher	Lincs	38.22	
6	Thomas Hockley	Hamp	38.34	
7	Daniel Sanchez	Dorset	38.44	
8	Timothy Foord	Lincs	38.47	

Heat 3			
1	George Sudderick	Surrey	36.03 ns
2	Charlie Carvell	Shrop	36.32 ns
3	Samuel Shippey	Essex	36.52 ns
4	Nicholas Savva	Herts	36.79 ns
5	Aaron Warmington	WMid	37.28 es
6	Ciaran Bourne	WYork	38.07
7	Liam Nixon	Dorset	38.31

Final			
1	Amir Sultan-Edwards	London	34.81 bp
2	George Sudderick	Surrey	35.12 bp
3	Joel Vernon	SYork	36.06 ns
4	Ben Brinsdon	H&Wor	36.35 ns
5	Charlie Carvell	Shrop	36.45 ns
6	Teddy Pearson	Cleve	36.77 ns
7	Samuel Shippey	Essex	36.84 es
8	Ben Verbickas	Chesh	36.93 es

**Junior Boys 800 metres**  
ES: 2:04.00 NS: 2:02.00 BP: 1:56.10

Round 1			
Heat 1			
1	Jai Sispa	Warks	2:01.41 ns
2	Kyle Rabjohn	NYork	2:02.59 es
3	James Young	Cumb	2:02.76 es
4	Gilad Nachshen	Herts	2:02.88 es
5	Finlay Hutchinson	Notts	2:02.98 es
6	Jonathan Stock	Manch	2:03.17 es
7	Seweryn Czapka	Midd	2:05.95
8	Robert Jones	Wilts	2:07.43

Heat 2			
1	Aaron Duncan	Sussex	2:03.47 es
2	Aidan Lynch	Manch	2:03.86 es
3	William Randall	WYork	2:04.10
4	Callum Collins	SYork	2:04.28
5	Luke Richardson	H&Wor	2:05.39
6	Josh Smith	Dorset	2:06.28
7	Harry Cunningham	Wilts	2:07.63
8	Jake Minshull	Warks	2:08.14

Final			
1	Jai Sispa	Warks	1:59.99 ns
2	Aidan Lynch	Manch	2:00.67 ns
3	Aaron Duncan	Sussex	2:01.15 ns
4	Kyle Rabjohn	NYork	2:01.64 ns
5	James Young	Cumb	2:02.70 es
6	Gilad Nachshen	Herts	2:03.19 es
7	Finlay Hutchinson	Notts	2:04.06
8	William Randall	WYork	2:04.25

**Junior Boys 1500 metres**  
ES: 4:20.00 NS: 4:13.00 BP: 4:03.60

Round 1			
Heat 1			
1	Felix Vaughan	Surrey	4:18.17 es
2	Joshua French	Shrop	4:18.46 es
3	James Wardle	Leics	4:18.52 es
4	Noah Bennett	Nhants	4:19.47 es
5	Alfie Spear	Surrey	4:19.72 es
6	Tyler Francis	Staff	4:19.79 es
7	Fraser Sproul	Cumb	4:24.23
8	Sam Hodgson	Berks	4:38.46
9	Louie Johnson	Manch	4:51.72
	Thomas Barnes	Lancs	dns

Heat 2			
1	Sam Mannings	WMid	4:27.76
2	Edward Henderson	Surrey	4:27.94
3	Luke Hynes	Berks	4:28.25
4	Alex Thompson	NYork	4:28.42
5	Alex Melloy	Camb	4:29.08
6	Adam Russell	Durham	4:29.14
7	Steve Kerfoot	Avon	4:29.57
8	Lewis Sullivan	Suff	4:30.22
9	Joseph Chamberlain	Herts	4:30.79
10	Josh Robins	H&Wor	4:33.85
11	Samuel Bryan	Manch	4:37.99

Final			
1	Felix Vaughan	Surrey	4:11.63 ns
2	Edward Henderson	Surrey	4:14.88 es
3	Alex Thompson	NYork	4:16.25 es
4	James Wardle	Leics	4:17.89 es
5	Alex Melloy	Camb	4:18.23 es
6	Noah Bennett	Nhants	4:18.58 es
7	Alfie Spear	Surrey	4:18.90 es
8	Joshua French	Shrop	4:19.39 es
9	Sam Mannings	WMid	4:20.87
10	Fraser Sproul	Cumb	4:21.65
11	Tyler Francis	Staff	4:22.22
12	Luke Hynes	Berks	4:34.75

**Junior Boys 80 metres Hurdles**  
ES: 12.00 NS: 11.60 BP: 10.50

Round 1			
Heat 1 (+0.6 m/s)			
1	Freddie Fraser	Lincs	11.15 ns
2	Ruben Hedman	Essex	11.48 ns
3	Taylor Jacob	Lancs	11.62 es
4	Djavan Pedro	Manch	11.64 es
5	Clayton Mytil	London	12.05
6	Ayomide Ajibola	Midd	12.14
7	Monty Allen	Hamp	13.29

Heat 2 (-1.3 m/s)			
1	Joe Purbrick	Camb	11.34 ns
2	Toby Bishop	Essex	11.62 es
3	Aaron Lillistone	Durham	11.65 es
4	Henry Curtis	Corn	11.89 es
5	Rory Whelan	Hamp	11.98 es
6	Louis Middleton	Midd	12.02
7	Laurie Sutcliffe	Bucks	12.21
	Josh King	Surrey	dns

Heat 3 (+0.6 m/s)			
1	Elliott Evans	Hamp	11.17 ns
2	Sebastian Wallace	Sussex	11.37 ns
3	Oliver Early	Essex	11.42 ns
4	Harry Burrow	Lancs	11.54 ns
5	Christopher Charles	Oxford	11.77 es
6	Charlie Panayiotou	WMid	11.94 es
7	Tom Paterson	Durham	12.02

Final (+3.6 m/s)			
1	Freddie Fraser	Lincs	10.84 ns
2	Elliott Evans	Hamp	11.04 ns
3	Joe Purbrick	Camb	11.07 ns
4	Oliver Early	Essex	11.33 ns
5	Sebastian Wallace	Sussex	11.46 ns
6	Toby Bishop	Essex	11.51 ns
7	Ruben Hedman	Essex	11.53 ns
8	Harry Burrow	Lancs	11.58 ns

Inter Boys : group A - after 18 finals		
Hendon Council Trophy		
1	Hertfordshire	78.00
2	Essex	77.00
3	Surrey	72.00
4	Kent	44.00
5	London	41.00
6	Hampshire	40.00
7	Sussex	36.00
8	Middlesex	34.00
9	West Midlands	24.00
10	Greater Manchester	14.00
11	Berkshire	13.00

Inter Boys : group B - after 18 finals		
Goodwill Cup		
1	Derbyshire	27.50
2	Leicestershire & Rutland	19.00
3	Buckinghamshire	16.00
3	West Yorkshire	16.00
5	Staffordshire	15.00
6	Nottinghamshire	14.00
7	North Yorkshire	13.00
8	Lancashire	11.00
9	Cheshire	9.00
10	Devon	8.00
11	Merseyside	7.50
12	South Yorkshire	6.50
13	Avon	6.00

Inter Boys : group C - after 18 finals		
Rotary (Slough) Shield		
1	Bedfordshire & Luton	34.00
2	Durham	26.00
2	Warwickshire	26.00
4	Humberside	24.00
5	Cambridgeshire	23.50
6	Somerset	19.00
7	Wiltshire	9.00
8	Oxfordshire	6.00
9	Dorset	5.00
10	Gloucestershire	3.00
11	Suffolk	2.00

Inter Boys : group D - after 18 finals		
?		
1	Northumberland	27.00
2	Shropshire	20.00
3	Northamptonshire	17.00
4	Cornwall	12.00
5	Cumbria	8.00
6	Cleveland	3.00
7	Channel Islands	1.00

Senior Boys : group A - after 18 finals		
E.W. Haley Trophy		
1	Surrey	77.00
2	Essex	73.00
3	Kent	61.00
4	Hertfordshire	49.00
5	Sussex	35.00
6	Hampshire	33.00
7	Greater Manchester	30.50
8	Berkshire	30.00
9	Middlesex	22.00
10	West Midlands	7.50
11	London	4.00

Senior Boys : group B - after 18 finals		
Cheshire Trophy		
1	Leicestershire & Rutland	27.00
2	Merseyside	25.50
3	West Yorkshire	21.00
4	Lancashire	17.00
5	Devon	12.00
6	Cheshire	10.00
7	North Yorkshire	9.00
7	Staffordshire	9.00
9	Buckinghamshire	7.00
9	Nottinghamshire	7.00
11	Avon	5.00
11	South Yorkshire	5.00
13	Derbyshire	1.00

Senior Boys : group C - after 18 finals		
Ernest Campion Trophy		
1	Warwickshire	33.00
2	Cambridgeshire	26.00
3	Gloucestershire	21.00
3	Lincolnshire	21.00
5	Norfolk	14.00
6	Somerset	11.00
7	Wiltshire	8.00
8	Dorset	7.00
8	Durham	7.00
8	Humberside	7.00
8	Suffolk	7.00

Senior Boys : group D - after 18 finals		
?		
1	Cumbria	24.00
2	Channel Islands	20.00
3	Shropshire	16.00
4	Northamptonshire	15.50
5	Cleveland	9.00
6	Northumberland	5.00
7	Cornwall	4.00
8	Hereford & Worcestershire	3.00
8	Isle of Man	3.00

**Senior Girls Discus**  
ES: 36.00 NS: 39.00 BP: 52.74**Final**

1	Heather Cabbage	Hamp	43.69	ns
2	Tait Jones	Somer	41.34	ns
3	Emily Robinson	Sussex	39.94	ns
4	Emma Botham	Derby	39.25	ns
5	Jessica Emery	Herts	39.17	ns
6	Danielle Broom	Dorset	39.13	ns
7	Maya Mellor	NYork	38.05	es
8	Chloe Jones	Glouc	37.65	es
9	Georgia Kyle	Durham	36.79	es
10	Bronte Jones	SYork	36.63	es
11	Isobel Griffin Morris	Bucks	34.51	
12	Emma Sharpe	Devon	33.30	
13	Abigail Thompson	Cumb	32.27	

**Senior Girls Javelin**  
ES: 37.00 NS: 41.58 BP: 50.54**Final**

1	Beth Rees	Staff	47.29	ns
2	Rebekah Walton	Derby	46.47	ns
3	Emma Howe	Chesh	44.86	ns
4	Charlotte West	Berks	42.78	ns
5	Emily Dibble	Somer	40.47	es
6	Zoe Kidney	Lancs	40.47	es
7	Nicola Bell	Surrey	40.02	es
8	Eloise Locke	Kent	39.08	es
9	Denisa Mihalcea	Herts	38.17	es
10	Gemma Ramsey	Suff	37.18	es
11	Bobbie Griffiths	Niand	36.35	
12	Ottillie Knight	Wilts	35.92	
13	Shannon Dawes	Nhants	35.67	
14	Ellie Vernon	Shrop	34.16	

**Senior Girls Hammer**  
ES: 43.00 NS: 47.00 BP: 61.65**Final**

1	Olivia Stevenson	Humb	56.47	ns
2	Anna Purchase	Notts	54.18	ns
3	Tara Simpson-Sullivan	Cumb	53.17	ns
4	Molly Walsh	WMid	51.95	ns
5	Lauren Hill	Derby	49.44	ns
6	Laura Runciman	Essex	46.81	es
7	Hannah Blood	Manch	46.20	es
8	Cerys Thomas	Hamp	46.18	es
9	Victoria Wiltshire	Kent	44.30	es
10	Charlotte Stuchbury	Manch	43.25	es
11	Vicki Pellett	Sussex	42.98	
12	Megan Ascough	WYork	41.63	
13	Lois Fileman	Devon	40.08	
14	Poppy Bean	Derby		
15	Maria Schofield	NYork		

**Junior Boys : group A - after 15 finals****Championship Shield**

1	Essex	112.00
2	Sussex	53.00
3	Greater Manchester	51.00
4	Hampshire	43.00
5	Surrey	41.50
6	London	39.00
7	Hertfordshire	36.00
7	Middlesex	36.00
9	Berkshire	31.00
10	Kent	28.00
11	West Midlands	13.00

**Junior Boys : group B - after 15 finals****Durham Cup**

1	Merseyside	25.00
2	North Yorkshire	22.00
3	Leicestershire & Rutland	13.00
4	Derbyshire	12.00
5	South Yorkshire	11.00
6	Buckinghamshire	10.00
7	Lancashire	9.00
7	Staffordshire	9.00
9	Avon	8.00
10	Nottinghamshire	6.00
11	Cheshire	4.00
12	Devon	1.00
12	West Yorkshire	1.00

**Junior Boys : group C - after 15 finals****Watford Council Trophy**

1	Cambridgeshire	20.00
1	Wiltshire	20.00
3	Suffolk	18.00
4	Lincolnshire	17.00
5	Gloucestershire	13.50
6	Durham	12.00
6	Warwickshire	12.00
8	Oxfordshire	11.00
9	Somerset	8.00
10	Bedfordshire & Luton	6.00
11	Dorset	1.00
11	Norfolk	1.00

**Junior Boys : group D - after 15 finals**

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1	Hereford & Worcestershire	13.00
2	Cumbria	10.00
3	Shropshire	8.00
3	Isle of Man	8.00
5	Cleveland	5.00
6	Cornwall	4.00
6	Northamptonshire	4.00
8	Northumberland	1.00

**Junior Boys 4x100 metres Relay**  
ES: 47.50 NS: 45.60 BP: 43.46**Round 1****Heat 1**

1	Middlesex	Midd	44.88	ns
2	London	London	45.31	ns
3	Merseyside	Mersey	46.06	es
4	Oxfordshire	Oxford	47.19	es
5	Warwickshire	Warks	48.51	
	Lancashire	Lancs	dq	
	Berkshire	Berks	dns	

**Heat 2**

1	Greater Manchester	Manch	45.37	ns
2	Sussex	Sussex	45.45	ns
3	Hampshire	Hamp	45.60	ns
4	West Midlands	WMid	46.38	es
5	Staffordshire	Staff	47.20	es
6	Dorset	Dorset	48.65	
	Hereford & Worcestershire	H&Wor	dnf	

**Heat 3**

1	Essex	Essex	44.10	ns
2	Lincolnshire	Lincs	45.67	es
3	Wiltshire	Wilts	46.50	es
4	Hertfordshire	Herts	46.87	es
	North Yorkshire	NYork	dq	
	Surrey	Surrey	dns	
	Devon	Devon	dns	

**Final**

1	Essex	Essex	43.63	ns
2	Middlesex	Midd	43.78	ns
3	Greater Manchester	Manch	44.37	ns
4	London	London	44.40	ns
5	Sussex	Sussex	44.68	ns
6	Merseyside	Mersey	46.14	es
	Hampshire	Hamp	dq	
	Lincolnshire	Lincs	dq	

**Junior Boys High Jump**

ES: 1.72 NS: 1.78 BP: 1.96

**Final**

1	David Bazuaye	London	1.90	ns
2	Adam Robinson	Hamp	1.84	ns
3	Luke Ball	Avon	1.84	ns
4	Aaron Eweka	Essex	1.84	ns
5	Kimani Jack	Herts	1.81	ns
6	Sam Lowings	Leics	1.78	ns
7	Israel Bakare	Surrey	1.78	ns
=	Kiran Carter	Glouc	1.78	ns
9	Arthur Haines	Sussex	1.78	ns
10	Basil Zola	Manch	1.78	ns
11	Sandy Clarkson	Mersey	1.75	es
12	Theo Cochran	Wilts	1.75	es
13	Kresten Calvert	Mersey	1.72	es
14	Luca Michalowski	Leics	1.72	es
15	Sam Coupland	Mersey	1.72	es
=	Monty Baldwin	Glouc	1.72	es
17	Leon Biaggi	Devon	1.72	es
18	Stephen Bates	Warks	1.72	es
19	Jack Coates	IOM	1.69	
20	Ciaran Murtagh	Berks	1.64	
21	Ben Ince	Oxford	1.64	
22	Liam Corcoran	Midd	1.59	
=	William Lawler	Herts	1.59	
24	William Lamprell	Suff	1.59	

**Junior Boys Long Jump**  
ES: 5.80 NS: 5.95 BP: 6.70**Final**

1	Jerel Livingston	Manch	6.76	0.5	bp
2	Jack Fayers	Suff	6.39	0.7	ns
3	Damope Akinyemi	Essex	6.29	0.0	ns
4	Alfie Bugg	NYork	6.21	1.9	ns
5	Joshua Simpson	Lincs	6.19	1.5	ns
6	Thomas Norcop	Staff	6.10	2.6	ns
7	Louie Holzman	Berks	6.06	2.7	ns
8	William Walmsley	Lancs	5.96	1.3	ns
9	Nikolaos Tirchineci	Camb	5.94	0.6	es
10	Luke Ambrosioni	Derby	5.83	0.0	es
11	John Lucero	Sussex	5.77	0.5	
12	Jacob Finch	Devon	5.69	2.1	
13	Sam Danson	Chesh	5.69	0.4	
14	Joseph Hoare	Midd	5.68	0.0	
15	Dylan Dugasse	Lincs	5.57	0.0	
16	Ignatius Abebrese	London	5.52	0.4	
17	Daniel Hamilton-Strong	Devon	5.49	0.8	
18	Ben Pitts	Devon	5.48	1.3	
19	James Malpass	Staff	5.42	2.2	
20	Harrison Ainslie	Lincs	5.34	1.6	

**Junior Boys Triple Jump**  
ES: 12.00 NS: 12.40 BP: 13.92**Final**

1	Aaron Ashmead Shoye	Essex	13.57	1.7	ns
2	Jacob Byfield	Kent	12.91	2.8	ns
3	Oliver D'Rozario	Somer	12.87	2.9	ns
4	Joshua Ogunfolaju	Essex	12.79	0.1	ns
5	Oliver Crawford	Berks	12.76	1.2	ns
6	Jedidiah Oni	Essex	12.57	2.4	ns
7	Ayo Opaleye	Camb	12.42	0.0	ns
8	Shawn Ampofo	Bucks	12.38	1.7	es
9	Alex Westbrook	Oxford	12.35	1.2	es
10	Bryn Cann	Surrey	12.33	0.9	es
11	Ethan Court	WMid	12.31	0.0	es
12	Sammy Ball	Berks	12.29	1.2	es
13	Ezra Fernandes	Herts	12.27	2.4	es
14	Benjamin Pearson	NYork	11.93	0.4	
15	Adam Farrow	Warks	11.74	0.0	
16	Cody Roe	Lincs	11.64	0.1	
17	Israel Arode	London	11.64	1.1	
18	Christopher Turner	Derby	11.64	-1.3	
19	Finley McGill	Devon	11.55	0.5	
20	Alex Tarttelin	Berks	11.48	2.1	
21	Ben Butcher	Dorset	10.23	2.2	

**Junior Boys Pole Vault**  
ES: 3.05 NS: 3.35 BP: 4.30**Final**

1	Lazarus Benjamin	Manch	3.75	ns
2	Will Foot	Derby	3.65	ns
3	Tim Penley	Bucks	3.45	ns
4	Dillan Tierney	Sussex	3.35	ns
5	Thomas Ashton	Herts	3.20	es
6	Dan Dearden	Surrey	3.20	es
7	Barnaby Corry	Surrey	3.20	es
8	Kofi Afirifah-Mensah	Derby	3.05	es
9	Ori Bartle	Sussex	3.05	es
10	Will Lane	SYork	2.85	
=	Cameron Wells	Sussex	2.85	
12	Alfie Edwards	WYork		

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**Junior Boys Shot**  
ES: 12.30 NS: 13.30 BP: 18.29**Final**

1	Jack Halpin	Durham	14.66	ns
2	Levi Onipede	Kent	13.79	ns
3	Patreece Bell	IOM	13.44	ns
4	Jordan Ackuaku	Beds	13.20	es
5	Kai Broadbent	London	12.80	es
6	Bill Steel	Mersey	12.70	es
7	Michael Van Haren	Suff	12.40	es
8	Jaelan Inglis	London	12.11	
9	Jadiel Wahab	Somer	12.06	
10	Donovan Capes	Lincs	11.89	
11	Kyrrill Kennett	Hamp	11.75	
12	Joshua Tutt	Nhants	11.44	
13	Nathan Whyatt	Derby	10.93	
14	Mikael Evloer	Wilts	10.83	
15	Matthew O'Dwyer	Sussex	10.12	
16	Charlie Bancroft	Chesh	9.71	

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**Junior Boys Discus**  
ES: 35.00 NS: 38.00 BP: 54.54**Final**

1	Rhys Allen	Hamp	43.77	ns
2	Tyler Pattison	Hamp	42.23	ns
3	Harry Booker	Berks	42.16	ns
4	Matthew Taylor	Mersey	41.48	ns
5	Oliver Beach	Sussex	41.12	ns
6	Dillon Claydon	Kent	39.88	ns
7	Toby Laycock	Herts	39.40	ns
8	Oliver Webb	Herts	39.35	ns
9	Adam Chesterman	Oxford	38.33	ns
10	Cameron Try	Norf	37.42	es
11	James Martin	Kent	37.36	es
12	James Lupton	Lancs	36.67	es
13	Oliver Kay	Herts	34.69	
14	Josh Schrijver	Avon	33.73	

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**Junior Boys Javelin**  
ES: 44.00 NS: 47.00 BP: 61.28**Final**

1	Ben East	Berks	66.95	bp
2	Bradley James	Essex	61.25	ns
3	Luke Twigger	Sussex	50.05	ns
4	Milan Trajkovic	Midd	50.00	ns
5	Benjamin Hocking	Herts	47.94	ns
6	Toby Jermy	Suff	47.35	ns
7	Marley Sarling	Herts	46.82	es
8	Liam Cawley	Hamp	46.60	es
9	Ollie Wear	Warks	46.27	es
10	Callum Taylor	Hamp	45.45	es
11	Matthew Jones	Suff	45.35	es
12	Jack Levene	Midd	44.35	es
13	James Pratt	Sussex	43.64	
14	Oliver Thomas	Norf	43.15	
15	Ed Parry	Notts	42.13	
16	Austin Rouse	NYork	37.27	

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**Junior Boys Hammer**  
ES: 38.00 NS: 45.00 BP: 70.78**Final**

1	Ben Ixer	Essex	50.40	ns
2	William Compton	Glouc	47.37	ns
3	Owen Merrett	Wilts	46.60	ns
4	Chibueze Ogbonna	Essex	46.54	ns
5	James Viner	Wilts	44.63	es
6	Harry Blake	Kent	42.05	es
7	Dylan Menhennet	H&Wor	41.91	es
8	Jack England	Chesh	41.86	es
9	George Harrison	Camb	39.17	es
10	Matthew Heywood	Lancs	38.64	es
11	Damon King	Cumb	37.63	
12	Matt Burke	H&Wor	35.98	
13	Ewan Stokes	Cleve	33.03	
14	Joseph Adams	Herts		
=	Harry Ricketts	Wilts		
=	William Cubbage	Hamp		
=	Nathan Litchfield	Beds		

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**Inter Boys 100 metres**  
ES: 11.20 NS: 11.00 BP: 10.44**Round 1****Heat 1 (-0.9m/s)**

1	Destiny Ogali	Herts	10.90	ns
2	William Andoh	London	11.04	es
3	Ethan Hall	Avon	11.08	es
4	Jacob Nelson	Hamp	11.41	
5	Benjamin To	Manch	11.49	
6	Bradley Parsons	Lancs	11.52	
7	Jake Sterland	Leics	11.54	
8	Terell Williams	WYork	11.66	

**Heat 2 (+0.1 m/s)**

1	Harry Handsaker	Staff	10.95	ns
2	Louis Appiah-Kubi	Manch	11.14	es
3	Tyler Panton	Surrey	11.18	es
4	Nicholas Shaw	Midd	11.25	
5	Andrew Nicolaou	Midd	11.29	
6	Louie Hinchliffe	SYork	11.35	
7	Euan Jones	Leics	11.48	
	Tyreece Simpson	Norf	dns	

**Heat 3 (+0.9 m/s)**

1	Raphael Bouju	Beds	10.83	ns
2	Jamall Walters	Manch	11.02	es
3	Oshay Williams	WMid	11.03	es
4	Charlie Fisher	Shrop	11.08	es
5	Loreni Jorge	Notts	11.11	es
6	Jaleel Roper	Surrey	11.34	
7	Harvey Harry	Berks	11.39	
8	Ben Wilson	WYork	11.46	
9	Jacob Fairhurst	Leics	11.66	

**Heat 4 (-1.1 m/s)**

1	Toby Makoyawo	Herts	10.94	ns
2	Joshua Oshunrinde	Kent	11.02	es
3	Kyle Reynolds-Warmington	London	11.16	es
4	Joe Harding	Devon	11.20	es
5	O'Shillou Johnson	Berks	11.23	
6	Elliott Archibald	Derby	11.23	
7	Lewis Cant	Nland	11.24	
8	Rohan Bagai	Midd	11.56	

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**Final**

1	Kent	Kent	47.04	ns
2	Essex	Essex	47.31	ns
3	Surrey	Surrey	47.41	ns
4	West Midlands	WMid	47.74	ns
5	Devon	Devon	47.81	ns
6	Oxfordshire	Oxford	49.28	es
7	London	London	49.62	es
8	Warwickshire	Warks	49.94	es

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**Senior Girls High Jump**

ES: 1.66 NS: 1.72 BP: 1.88

**Final**

1	Emily Race	Notts	1.81	ns
2	Rebecca Hawkins	Kent	1.78	ns
3	Amelia Bateman	Durham	1.78	ns
4	Natasha Smith	Glouc	1.75	ns
5	Ashleigh West	Kent	1.75	ns
6	Olivia Dobson	Devon	1.72	ns
7	Lillie Franks	Sussex	1.72	ns
8	Olivia Jones	Glouc	1.72	ns
=	Anna Brophy	Somer	1.72	ns
10	Amaya Scott	Hamp	1.69	es
11	Emily Madden Forman	Warks	1.66	es
12	Renee Jelf	Avon	1.63	
13	Amy Thurgood	Beds	1.58	
=	Charlotte Kerr	SYork	1.58	

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**Senior Girls Long Jump**

ES: 5.40 NS: 5.60 BP: 6.65

**Final**

1	Josie Oliarnyk	WMid	6.19	0.0	ns
2	Megan Busby	Cumb	5.74	0.0	ns
3	Katie Waterworth	Chesh	5.74	0.0	ns
4	Nicole Parcell	Herts	5.73	0.0	ns
5	Charlotte Ayton	Dorset	5.59	0.0	es
6	Abbie Hawkins	Camb	5.52	0.0	es
7	Katie Joyce	WYork	5.43	0.0	es
8	Amelia Macdonald	Midd	5.41	0.0	es
9	Ashleigh Bailey	Somer	5.25	0.0	
10	Jasmine Allen	Lincs	5.21	0.0	
11	Jasmine McCallum	Oxford	5.18	0.0	
12	Rebecca Lister	NYork	5.17	0.0	
13	Cerys Lee	Somer	5.02	0.0	
14	Rebecca Scott	Oxford	4.91	0.0	

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**Senior Girls Triple Jump**  
ES: 11.10 NS: 11.40 BP: 13.06**Final**

1	Abazz Shayaam-Smith	WMid	12.83	0.0	ns
2	Adelaide Omitowoju	Camb	12.55	0.0	ns
3	Mayi Hughes	London	12.40	0.0	ns
4	Jade Oni	Kent	12.39	0.0	ns
5	Eloise Harvey	Kent	12.20	0.0	ns
6	Holly Smith	Mersey	11.72	0.0	ns
7	Ola Olufemi-Krakue	Surrey	11.35	0.0	es
8	Janae Duporte-Clarke	Suff	11.27	0.0	es
9	Rebecca Keen	Cumb	11.14	0.0	es
10	Jasmine Lovell	Staff	11.11	0.0	es
11	Emma Bakare	Avon	11.10	0.0	es
12	Emily Jarad	Chesh	11.10	0.0	es
13	Karina Harris	Kent	11.09	0.0	
14	Grace Plater	WYork	10.98	0.0	
15	Sophie Bishop	Norf	10.91	0.0	
16	Ite Aderoju	Beds	10.70	0.0	
17	Rebecca Thorpe	Durham	10.54	0.0	
18	Alice Linaker	NYork	10.30	0.0	

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**Senior Girls Pole Vault**

ES: 3.20 NS: 3.50 BP: 4.20

**Final**

1	Natasha Purchas	Sussex	3.90	ns
2	Victoria Barlow	Somer	3.80	ns
3	Felicia Miloro	Leics	3.70	ns
4	Alexa Eichelmann	Surrey	3.35	es
5	Elizabeth Henshall	Mersey	3.35	es
6	Daisy Barnes	Leics	3.35	es
7	Matilda Waters	Manch	3.20	es
=	Jessica Hall	Sussex	3.20	es
9	Imogen Smith	Staff	3.20	es

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**Senior Girls Shot**

ES: 10.50 NS: 11.40 BP: 15.65

**Final**

1	Hannah Molyneaux	Lincs	13.41	ns
2	Emma Dakin	Notts	12.71	ns
3	Gaia Osborne	Hamp	12.52	ns
4	Lia Anderson	Surrey	11.13	es
5	Nichole Birmingham	WMid	11.09	es
6	Kiarra Francis	Notts	10.78	es
7	Lizzie Udale	Glouc	10.55	es
8	Petrina Chantler Edmond	Oxford	10.41	
9	Ellie Hodgson	Hamp	10.29	
10	Kate Carmichael	Durham	10.25	
11	Blessing Joshua	Sussex	10.24	
12	Sophie Hunt	Warks	9.73	
13	Kiera Canpolat	Leics	8.97	

**Senior Girls 3000 metres**

ES: 10:16.00 NS: 10:06.00 BP: 9:04.37

**Final**

1	Julia Paternain	Camb	9:37.24	ns
2	Chloe Sharp	Kent	9:39.32	ns
3	Grace Copeland	Dorset	9:44.11	ns
4	Kate O'Neill	Essex	9:47.88	ns
5	Izzy Fry	Berks	9:51.75	ns
6	Grace Brock	Corn	9:53.17	ns
7	Hannah Hobbs	Avon	9:53.57	ns
8	India Weir	London	9:54.74	ns
9	Ella Newton	London	9:56.76	ns
10	Lizzie Clarke	Kent	9:56.84	ns
11	Becky Briggs	Humb	10:00.67	ns
12	Jessica Mitchell	Essex	10:05.22	ns
13	Olivia Green	Manch	10:06.05	es
14	Esme Davies	Cumb	10:14.30	es
15	Jasmine Cooper	Derby	10:21.77	ns
16	Kirsty Walker	Berks	10:26.01	ns
17	Maddie Deadman withdrawn	Hamp Suff	10:27.95 dns	

**Senior Girls 100 metres Hurdles**

ES: 15.20 NS: 14.60 BP: 13.30

**Round 1****Heat 1 (+2.2 m/s)**

1	Emily Russell	Herts	14.16	ns
2	Amy Pye	Staff	14.21	ns
3	Isabel Wakefield	Berks	14.27	ns
4	Amy Carter	Cleve	14.38	ns
5	Olivia Galloway Carly Bates	Dorset WMid	15.13 dnf	es

**Heat 2 (+1.1 m/s)**

1	Jenna Blundell	Avon	14.30	ns
2	Anya Bates	WMid	14.42	ns
3	Venus Morgan	Humb	14.57	ns
4	Kia Slade	Berks	14.91	es
5	Sophia Obi Pippa Earley	Midd Surrey	15.47 dns	

**Final**

(-1.4 m/s)

1	Emily Russell	Herts	14.39	ns
2	Isabel Wakefield	Berks	14.46	ns
3	Anya Bates	WMid	14.54	ns
4	Jenna Blundell	Avon	14.56	ns
5	Amy Pye	Staff	14.65	es
6	Amy Carter	Cleve	14.70	es
7	Venus Morgan	Humb	14.83	es
8	Kia Slade	Berks	15.41	ns

**Senior Girls 400 metres Hurdles**

ES: 66.00 NS: 64.00 BP: 57.81

**Round 1****Heat 1**

1	Jade Fitt	London	64.07	es
2	Meg McHugh	Manch	64.54	es
3	Joely Bytheway	Corn	66.51	ns
4	Neve Grimes	Leics	66.70	ns
5	Stephanie Fisher	Surrey	67.34	ns
6	Megan Sims withdrawn	Camb Sussex	70.60 dns	

**Heat 2**

1	Marcey Winter	Surrey	62.76	ns
2	Grace Vans Agnew	Sussex	63.69	ns
3	Jasmine Clark	Cleve	64.33	es
4	Molly Waring	WYork	64.82	es
5	Katie Mackintosh Molly Mather withdrawn	Lincs Corn Bucks	66.18 dq dns	

**Heat 3**

1	Jessica Lambert	Sussex	63.48	ns
2	Louise Robinson	WMid	64.25	es
3	Isabelle Neville	Staff	65.16	es
4	Sophie Domingo	Leics	65.35	es
5	Isabel Norrey	Berks	66.52	ns
6	Bella Keeley	Suff	67.84	ns
7	Sam Baker-Jones	NYork	67.85	ns
8	Bethan Burley	Dorset	68.21	ns

**Final**

1	Marcey Winter	Surrey	61.09	ns
2	Louise Robinson	WMid	61.80	ns
3	Meg McHugh	Manch	62.96	ns
4	Grace Vans Agnew	Sussex	63.42	ns
5	Jasmine Clark	Cleve	63.91	ns
6	Molly Waring	WYork	68.92	ns
7	Jade Fitt	London	69.66	ns
8	Jessica Lambert	Sussex	78.60	ns

**Senior Girls 1500 metres Steeplechase**

ES: 5:17.00 NS: 5:10.00 BP: 4:40.23

**Final**

1	Yasmin Austridge	Kent	4:48.61	ns
2	Elise Thorner	Somer	4:51.44	ns
3	Maisie Grice	Hamp	4:52.33	ns
4	Kosana Weir	London	5:02.79	ns
5	Meg Ormond	Surrey	5:03.82	ns
6	Zoe Tompkins	London	5:07.07	ns
7	Caitlin Wosika	Avon	5:10.54	es
8	Amber Scott	Notts	5:11.62	es
9	Nicola Ravenhill	Midd	5:16.49	es
10	Amber Owens	Lincs	5:22.88	ns
11	Rebecca Poole	Hamp	5:57.48	ns

**Senior Girls 4x100 metres Relay**

ES: 50.00 NS: 49.00 BP: 46.80

**Round 1****Heat 1**

1	Essex	Essex	47.42	ns
2	Devon	Devon	48.08	ns
3	Kent	Kent	48.56	ns
4	Oxfordshire	Oxford	49.11	es
5	London	London	49.14	es
6	Merseyside	Mersey	50.25	ns
7	Somerset	Somer	50.43	ns

**Heat 2**

1	West Midlands	WMid	48.43	ns
2	Surrey	Surrey	48.86	ns
3	Warwickshire	Warks	49.79	es
4	Hampshire	Hamp	49.93	es
	Staffordshire	Staff	dnf	
	North Yorkshire	NYork	dq	
	Greater Manchester	Manch	dns	

**Round 2****Semi-final A (-1.0 m/s)**

1	Destiny Ogali	Herts	10.79	ns
2	Harry Handsaker	Staff	10.92	ns
3	Kyle Reynolds-Warmington	London	10.98	ns
4	Joshua Oshunrinde	Kent	11.07	es
5	Louis Appiah-Kubi	Manch	11.11	es
6	Ethan Hall	Avon	11.12	es
7	Loreni Jorge	Notts	11.21	ns
8	Joe Harding	Devon	11.26	ns

**Semi-final B (-3.0 m/s)**

1	Raphael Bouju	Beds	11.06	es
2	Toby Makoyawo	Herts	11.12	es
3	Jamall Walters	Manch	11.17	es
4	Oshay Williams	WMid	11.20	es
5	William Andoh	London	11.25	ns
6	Charlie Fisher	Shrop	11.32	ns
7	O'Shillou Johnson	Berks	11.40	ns
8	Tyler Pantone	Surrey	11.52	ns

**Final**

(+0.0 m/s)

1	Raphael Bouju	Beds	10.66	ns
2	Destiny Ogali	Herts	10.88	ns
3	Toby Makoyawo	Herts	11.03	es
4	Kyle Reynolds-Warmington	London	11.05	es
5	Harry Handsaker	Staff	11.06	es
6	Joshua Oshunrinde	Kent	11.10	es
7	Jamall Walters	Manch	11.11	es
	Louis Appiah-Kubi	Manch	dnf	

**Inter Boys 200 metres**

ES: 22.80 NS: 22.20 BP: 21.32

**Round 1****Heat 1 (-0.5 m/s)**

1	Julian Priest	Camb	22.71	es
2	Joe Chadwick	Chls	22.73	es
3	Daniel Cartwright	Staff	22.76	es
4	Anton Bachorski	Kent	23.12	ns
5	Levi Liston Harry Williams	London Manch	23.43 dns	

**Heat 2 (-2.3 m/s)**

1	Dominic Ogbechie	London	22.37	es
2	Dominic Arriyo-Francis	Surrey	22.54	es
3	Micah Forbes-Agyepong	Midd	22.58	es
4	Anthony Douglas	Staff	22.80	es
5	Corban Wood	WYork	22.86	ns
6	James Miller	Berks	23.07	ns
7	Fergus Smith	Leics	23.33	ns

**Heat 3 (-0.9 m/s)**

1	Evan Blackman	Leics	22.19	ns
2	Jacob Spencer	Warks	22.28	es
3	Bailey Swift	Nhants	22.33	es
4	Femi Akinbobola	Wilts	22.63	es
5	Jeriel Quainoo	London	22.64	es
6	Haydon Topley	Lincs	23.70	ns

**Heat 4 (+0.7 m/s)**

1	Ethan Wiltshire	Bucks	21.97	ns
2	Derek Kinlock	Surrey	22.00	ns
3	Josh McKeown	Nland	22.70	es
4	Ben Brownlee	Midd	23.05	ns
5	Ben Holden	Cleve	23.09	ns
6	Alfie Orpwood-Colton	Notts	23.35	ns
7	Max Elliot	Avon	24.09	ns

**Heat 5 (+1.2 m/s)**

1	Jak Mensah	Midd	22.05	ns
2	Tariq Wild	Herts	22.16	ns
3	Oliver Preest	Surrey	22.36	es
4	Thomas Wood	WYork	22.45	es
5	Joe Eggleton	Bucks	22.66	es
6	Joshua Jolob	Leics	22.76	es
7	Isaac Cory	Avon	23.00	ns

**Round 2****Heat 1 (+0.7 m/s)**

1	Jak Mensah	Midd	22.10	ns
2	Jacob Spencer	Warks	22.18	ns
3	Oliver Preest	Surrey	22.43	es
4	Julian Priest	Camb	22.48	es
5	Femi Akinbobola	Wilts	22.75	es
6	Joshua Jolob	Leics	22.79	es
7	Anton Bachorski	Kent	22.82	ns
8	Josh McKeown	Nland	22.84	ns

**Heat 2 (+0.6 m/s)**

1	Dominic Ogbechie	London	21.94	ns
2	Evan Blackman	Leics	22.26	es
3	Dominic Arriyo-Francis	Surrey	22.36	es
4	Joe Chadwick	Chls	22.59	es
5	Daniel Cartwright	Staff	22.73	es
6	Joe Eggleton	Bucks	22.94	ns
7	Ben Brownlee Thomas Wood	Midd WYork	23.11 dns	

**Heat 3 (-0.3 m/s)**

1	Ethan Wiltshire	Bucks	21.98	ns
2	Bailey Swift	Nhants	22.12	ns
3	Derek Kinlock	Surrey	22.19	ns
4	Tariq Wild	Herts	22.49	es
5	Anthony Douglas	Staff	22.70	es
6	Micah Forbes-Agyepong	Midd	23.37	ns
7	Corban Wood Jeriel Quainoo	WYork London	23.41 dns	

**Final**

(-0.2m/s)

1	Dominic Ogbechie	London	21.74	ns
2	Evan Blackman	Leics	21.85	ns
3	Derek Kinlock	Surrey	21.94	ns
4	Jacob Spencer	Warks	22.03	ns
5	Jak Mensah	Midd	22.04	ns
6	Bailey Swift	Nhants	22.22	es
7	Dominic Arriyo-Francis Ethan Wiltshire	Surrey Bucks	22.63 dns	es

**Inter Boys 400 metres**

ES: 51.10 NS: 49.50 BP: 47.18

**Round 1****Heat 1**

1	Oliver Briars	Surrey	49.56	es
2	Jose Duhaney	WMid	49.79	es
3	Ataba Mamman	Manch	50.19	es
4	Jamie Clowes	Staff	51.18	ns
5	James Sherriff	Warks	51.48	ns
6	Stewart Greenhalgh	H&Wor	71.09	ns

**Heat 2**

1	Ben Pattison	Hamp	50.09	es
2	Joshua Hale	WMid	50.27	es
3	Edward Sheffield	Staff	50.73	es
4	Alex Cooper	Notts	52.52	ns
5	Joe Smythe	Norfolk	52.67	ns
6	Joe Prince	Lincs	52.72	ns
7	Max Farmer-Beasley	NYork	53.85	ns

Heat 3				
1	Moyo Sargent	Sussex	49.81	es
2	Kristian Samwell-Nash	Kent	50.29	es
3	Isaac Rushworth	Derby	50.38	es
4	Decarie Davies	London	50.90	es
5	Mittio Mohammadian	Midd	51.40	
6	Barnaby Lee	Berks	51.41	

Heat 4				
1	Joshua Pearson	Surrey	50.22	es
2	Max Brazier	Sussex	50.56	es
3	Luke Turner	Berks	50.96	es
4	Alex Irvine	Notts	51.13	
5	Nathaneal Mitchell	Avon	51.55	
6	Callum Clydesdale	Leics	51.99	
7	George Rees	Midd	66.55	

Round 2				
Semi-final A				
1	Moyo Sargent	Sussex	49.54	es
2	Joshua Hale	WMid	49.90	es
3	Joshua Pearson	Surrey	50.05	es
4	Kristian Samwell-Nash	Kent	50.09	es
5	Edward Sheffield	Staff	50.77	es
6	Mittio Mohammadian	Midd	50.88	es
7	Isaac Rushworth	Derby	51.26	
8	Alex Irvine	Notts	51.79	

Semi-final B				
1	Ben Pattison	Hamp	50.19	es
2	Oliver Briars	Surrey	50.34	es
3	Max Brazier	Sussex	50.39	es
4	Ataba Mamman	Manch	50.54	es
5	Jose Duhaney	WMid	50.97	es
6	Decarie Davies	London	51.00	es
7	Luke Turner	Berks	51.36	
8	Jamie Clowes	Staff	51.86	

Final				
1	Ben Pattison	Hamp	47.80	ns
2	Oliver Briars	Surrey	49.04	ns
3	Joshua Hale	WMid	49.93	es
4	Moyo Sargent	Sussex	49.97	es
5	Ataba Mamman	Manch	50.61	es
6	Kristian Samwell-Nash	Kent	50.96	es
	Max Brazier	Sussex	dns	
	Joshua Pearson	Surrey	dns	

**Inter Boys 800 metres**  
ES: 1:57.00 NS: 1:55.00 BP: 1:50.93

Round 1				
Heat 1				
1	Daniel Joyce	Durham	1:56.35	es
2	Oliver Carvell	Shrop	1:56.56	es
3	Archie Rainbow	Lincs	1:57.37	
4	Laurance Edwards	Midd	1:57.51	
5	Oliver Hall	Berks	1:57.87	
6	Alexander Aldred	Bucks	2:00.57	
	Josh Fiddaman	Nland	dns	

Heat 2				
1	Adam Saul-Braddock	WMid	1:56.58	es
2	Jack Higgins	Kent	1:57.09	
3	Abdifataah Hasan	Avon	1:57.46	
4	Sam Tyers	Cleve	1:58.31	
5	Samuel Charig	Hamp	1:58.57	
6	Peter Guy	London	1:59.08	
7	Jamie Webster	Beds	1:59.38	

Heat 3				
1	Gabriel Gisborne	Derby	1:54.97	ns
2	Edwards Hunter	WYork	1:55.51	es
3	Cameron Reid	Bucks	1:56.21	es
4	Tom Rickards	Berks	1:57.09	
5	Adam Ord	Durham	1:57.62	
6	Liam Blackwell	Lancs	1:58.93	
	Max Burgin	WYork	dns	

Final				
1	Daniel Joyce	Durham	1:54.65	ns
2	Jack Higgins	Kent	1:54.97	ns
3	Oliver Carvell	Shrop	1:55.17	es
4	Gabriel Gisborne	Derby	1:56.02	es
5	Cameron Reid	Bucks	1:57.23	
6	Edwards Hunter	WYork	1:58.42	
7	Tom Rickards	Berks	1:58.78	
8	Adam Saul-Braddock	WMid	1:59.40	

**Inter Boys 1500 metres**  
ES: 4:06.00 NS: 4:03.00 BP: 3:49.15

Round 1				
Heat 1				
1	Ethan Hussey	NYork	4:03.63	es
2	Joe Smith	Sussex	4:03.71	es
3	Oliver Bright	London	4:03.72	es
4	Ryan Shields	WMid	4:03.91	es
5	Joseph Geller	Essex	4:04.09	es
6	Cameron Macrae	Kent	4:04.11	es
7	Nathan Goddard	Suff	4:05.84	es
8	Sam Gentry	Avon	4:06.39	
9	Angus Williams	Bucks	4:10.37	
10	Liam Dunne	Hamp	4:13.57	
11	Oliver Smart	Devon	4:14.99	
12	Daniel Payne	Cleve	4:19.18	
13	Charles Kershaw	Surrey	4:24.19	

Heat 2				
1	Matthew Stonier	Kent	4:00.21	ns
2	Oliver Lill	Essex	4:00.39	ns
3	Henry Johnson	Durham	4:00.57	ns
4	Matthew Francis	London	4:00.58	ns
5	Samuel Southall	Midd	4:01.08	ns
6	Fergus Scott	Nhants	4:01.30	ns
7	Ethan O'Shea	Leics	4:01.62	ns
8	Harris Mier	Corn	4:01.80	ns
9	Aaron Samuel	Essex	4:02.23	ns
10	Olle-Joseph Parmenter	Camb	4:07.74	
11	Harley Norman	Surrey	4:09.91	
12	Dominic McDougall	Bucks	4:16.79	

Final				
1	Ethan Hussey	NYork	4:01.14	ns
2	Oliver Lill	Essex	4:02.35	ns
3	Matthew Stonier	Kent	4:02.79	ns
4	Oliver Bright	London	4:03.18	es
5	Samuel Southall	Midd	4:03.93	es
6	Henry Johnson	Durham	4:05.57	es
7	Ethan O'Shea	Leics	4:05.73	es
8	Matthew Francis	London	4:05.76	es
9	Fergus Scott	Nhants	4:06.24	
10	Harris Mier	Corn	4:06.77	
11	Ryan Shields	WMid	4:07.02	
	Joe Smith	Sussex	dnf	

**Senior Girls 400 metres**  
ES: 58.50 NS: 57.00 BP: 53.39

Round 1				
Heat 1				
1	Maisey Snaith	Camb	55.34	ns
2	Megan Walsh	Kent	56.19	ns
3	Chyna Russell	Surrey	56.86	ns
4	Louisa Saunders	Sussex	57.64	es
5	Bobbie Davies	Somer	57.98	es
6	Holly Bankes	Glouc	58.37	es
7	Lydia Sommers	Hamp	59.95	

Heat 2				
1	Emma Alderson	Mersey	56.34	ns
2	Rachel Crocken	WYork	56.47	ns
3	Esther Adikpe	WMid	56.84	ns
4	Siobhan Benson	Chesh	58.75	
5	Jessica Sheppard	Warks	59.85	
	Eleanor Grove	Surrey	dq	

Heat 3				
1	Louise Evans	Kent	56.61	ns
2	Phoebe Fenwick	Berks	56.72	ns
3	Emily Strickland	Lincs	56.94	ns
4	Indi Gallagher	Chls	57.38	es
5	Chelsey Marsden	Staff	58.85	
6	Amber Clare	Hamp	59.68	

Heat 4				
1	Natasha Harrison	Manch	54.84	ns
2	Ella Turner	Oxford	55.90	ns
3	Robyn Watkins	Somer	56.65	ns
4	Asha Root	Kent	56.90	ns
5	Bronwen Reed	Bucks	58.84	
6	Georgina Anderson	Herts	59.29	

Round 2				
Semi-final A				
1	Maisey Snaith	Camb	55.17	ns
2	Emma Alderson	Mersey	56.00	ns
3	Rachel Crocken	WYork	56.10	ns
4	Megan Walsh	Kent	56.14	ns
5	Esther Adikpe	WMid	56.40	ns
6	Chyna Russell	Surrey	57.90	es
7	Indi Gallagher	Chls	58.34	es
8	Bobbie Davies	Somer	58.63	

Semi-final B				
1	Natasha Harrison	Manch	54.74	ns
2	Ella Turner	Oxford	55.16	ns
3	Phoebe Fenwick	Berks	55.18	ns
4	Louise Evans	Kent	55.22	ns
5	Asha Root	Kent	56.68	ns
6	Robyn Watkins	Somer	56.97	ns
7	Louisa Saunders	Sussex	57.04	es
8	Emily Strickland	Lincs	57.07	es

Final				
1	Natasha Harrison	Manch	53.67	ns
2	Maisey Snaith	Camb	53.91	ns
3	Ella Turner	Oxford	54.74	ns
4	Louise Evans	Kent	54.92	ns
5	Phoebe Fenwick	Berks	55.31	ns
6	Emma Alderson	Mersey	55.60	ns
7	Megan Walsh	Kent	56.81	ns
	Rachel Crocken	WYork	dns	

**Senior Girls 800 metres**  
ES: 2:15.00 NS: 2:12.00 BP: 2:04.04

Round 1				
Heat 1				
1	Khalisa Mhlanga	Essex	2:09.90	ns
2	Tamsin McGraw	Derby	2:11.07	ns
3	Emma Ryder	Devon	2:15.45	
4	Megan Ellison	Lincs	2:16.62	
5	Rebeca Bullock	Hamp	2:18.58	
6	Alice Harry	London	2:21.58	
7	Selina Scott	Nhants	2:23.59	

Heat 2				
1	Anna Burt	Avon	2:11.02	ns
2	Emily Thompson	Oxford	2:11.26	ns
3	Saskia Huxham	SYork	2:11.52	ns
4	Katrina Simpson	WMid	2:12.16	es
5	Katie Hopkins	Surrey	2:15.43	
6	Ellie Minshull	Warks	2:15.66	
7	Charlotte Harris	Berks	2:24.13	

Final				
1	Khalisa Mhlanga	Essex	2:06.66	ns
2	Tamsin McGraw	Derby	2:08.60	ns
3	Anna Burt	Avon	2:08.90	ns
4	Emily Thompson	Oxford	2:09.30	ns
5	Saskia Huxham	SYork	2:13.73	es
6	Emma Ryder	Devon	2:19.16	
7	Katie Hopkins	Surrey	2:25.93	
	Katrina Simpson	WMid	dnf	

**Senior Girls 1500 metres**  
ES: 4:44.00 NS: 4:36.00 BP: 4:15.08

Round 1				
Heat 1				
1	Rhian Purves	Nland	4:40.16	es
2	Georgia Rothwell	Humb	4:40.17	es
3	Saskia Millard	London	4:40.31	es
4	Charlotte Crook	Lancs	4:40.49	es
5	Emily Lowery	Chesh	4:40.81	es
6	Emily Simpson	SYork	4:42.34	es
7	Olivia Haveron	NYork	4:43.79	es
8	Juliet Hodder	Mersey	4:43.87	es
	Katie Hughes	Corn	dns	

Heat 2				
1	Alexandra Brown	London	4:38.36	es
2	Cyane Robinson	SYork	4:38.94	es
3	Claudia Cowan	Manch	4:39.04	es
4	Amelia Samuels	WMid	4:39.08	es
5	Elsa Palmer	Surrey	4:39.42	es
6	Lucy-Erin Hunter	Durham	4:39.99	es
7	Molly Butterworth	SYork	4:40.01	es
8	Imogen Wood	Corn	4:42.49	es
9	Nancie Littley	Berks	4:45.40	
10	Jade Littlechild	Wilts	4:53.72	

Final				
1	Alexandra Brown	London	4:31.46	ns
2	Cyane Robinson	SYork	4:34.36	ns
3	Claudia Cowan	Manch	4:34.79	ns
4	Georgia Rothwell	Humb	4:36.43	es
5	Molly Butterworth	SYork	4:37.13	es
6	Saskia Millard	London	4:38.39	es
7	Elsa Palmer	Surrey	4:38.57	es
8	Charlotte Crook	Lancs	4:41.07	es
9	Emily Lowery	Chesh	4:41.36	es
10	Amelia Samuels	WMid	4:41.41	es
11	Lucy-Erin Hunter	Durham	4:46.52	
12	Rhian Purves	Nland	4:56.55	



<b>Inter Girls Javelin</b>			
ES: 38.00 NS: 41.00 BP: 52.21			
<b>Final</b>			
1	Elizabeth Korczak	Sussex	46.85 ns
2	Lauren Foletti	SYork	43.94 ns
3	Millie Quaintance	Somer	41.59 ns
4	Eleanor Butt	Essex	40.79 es
5	Katie Mackison	Surrey	39.65 es
6	Jasmine Walker	WMid	39.40 es
7	Jodie Smith	Berks	38.79 es
8	Peanut Meeking	Sussex	38.35 es
9	Jennifer Morgan	Essex	38.18 es
10	Cristina Potter	Herts	37.71
11	Francesca Sharpe	Derby	37.50
12	Annabel Peach	Notts	37.26
13	Abigail Ward	Nhants	36.34
14	Alex Baker	Lancs	36.04
15	Holly Hall	Midd	35.94
16	Abigail Miller	Berks	35.23
17	Megan Hughes	Suff	35.14
18	Lauren Farley	Kent	33.96
19	Imogen Davis	Dorset	33.09

<b>Inter Girls Hammer</b>			
ES: 48.00 NS: 53.00 BP: 65.06			
<b>Final</b>			
1	Charlotte Payne	Berks	61.77 ns
2	Zoe Price	Mersey	53.86 ns
3	Lucy Koenigsberger	Norf	53.51 ns
4	Francesca Williams	Midd	53.45 ns
5	Phoebe Baggott	Staff	53.34 ns
6	Ella Lovibond	Oxford	53.03 ns
7	Abbie White	Dorset	52.16 es
8	Anna Merritt	Wilts	50.42 es
9	Evie Tipping	Chesh	48.77 es
10	Kirsty Finlay	Leics	48.48 es
11	Andreea Golban	Essex	47.73
12	Lucy Forrest	Derby	46.81
13	Jasmine Routledge	Leics	46.80
14	Rhianne Moore-Martin	Staff	44.87
15	Ava Leigh	Manch	42.15
16	Amy Wright	Herts	41.75
17	Kayleigh Weston	Devon	39.65
18	Jasmine Trapnell	Bucks	
=	Jess Arnison	Manch	
=	Libby Taylor	Camb	

<b>Senior Girls 100 metres</b>			
ES: 12.40 NS: 12.10 BP: 11.50			
<b>Round 1</b>			
<b>Heat 1 (-1.3 m/s)</b>			
1	Leonie Ashmeade	WYork	12.17 es
2	Ellie Turner	Kent	12.23 es
3	Joy Ogunleye	Essex	12.25 es
4	Hannah Jones	Berks	12.33 es
5	Davina Ansah	Surrey	12.35 es
6	Lakeisha Owusu-Junior	Herts	12.36 es
7	Sola Sowole	WYork	12.71
8	Molly Jenks	WMid	12.89

<b>Heat 2 (-3.2 m/s)</b>			
1	Cassie-Ann Pemberton	WMid	12.27 es
2	Elise Modeste	Essex	12.49
3	Emily Coope	Derby	12.57
4	Nicola Caygill	Nland	12.67
5	Layla Bell	Durham	12.74
6	Grace Preston	Mersey	12.81
7	Rachel Oderinde	Bucks	12.88
8	Philippa Baxter	NYork	12.92
<b>Heat 3 (-1.9 m/s)</b>			
1	Immanuela Aliu	Kent	12.00 ns
2	Sharnee Skervin	Notts	12.13 es
3	Myisha Gordon	Manch	12.29 es
4	Bethany Shaw	Herts	12.53
5	Caitlin O'Reilly	Suff	12.66
6	Abbey Anson	Oxford	12.66
7	Abi Williams	Glouc	13.22
	Billie Jo Harris	SYork	dns
<b>Final</b>			
<b>(-0.4 m/s)</b>			
1	Immanuela Aliu	Kent	11.85 ns
2	Cassie-Ann Pemberton	WMid	11.91 ns
3	Ellie Turner	Kent	11.92 ns
4	Sharnee Skervin	Notts	11.93 ns
5	Myisha Gordon	Manch	12.10 ns
6	Leonie Ashmeade	WYork	12.14 es
7	Joy Ogunleye	Essex	12.22 es
8	Elise Modeste	Essex	12.37 es

<b>Senior Girls 200 metres</b>			
ES: 25.80 NS: 25.00 BP: 23.10			
<b>Round 1</b>			
<b>Heat 1 (+0.0 m/s)</b>			
1	Hannah Kelly	Manch	24.50 ns
2	Jasmine Moss	Durham	24.93 ns
3	Rebecca Roots	Devon	25.35 es
4	Rebecca Watkins	Oxford	25.47 es
5	Amy Hillier	Midd	25.65 es
6	Jasmine Norman	Chls	26.46
7	Tosin Salami	Surrey	26.99
<b>Heat 2 (+0.4 m/s)</b>			
1	Akaysha Ellis	London	24.89 ns
2	Rebecca Jeggo	Essex	25.06 es
3	Kaisha Buchanan	Notts	25.08 es
4	Elyse Leech	Devon	25.62 es
5	Abigail Galpin	Chls	25.81
6	Jasmine McClutchie	Hamp	25.96
7	Hannah Smith	Corn	26.08
8	Teresa Lannetelli	Wilts	88.99
<b>Heat 3 (+1.1 m/s)</b>			
1	Ella Wansell	Herts	24.44 ns
2	Zoe Thompson	Essex	24.98 ns
3	Regan Walker	Manch	25.08 es
4	Hannah Hall	London	25.42 es
5	Stella Perrett	Nland	25.43 es
6	Megan Webber	Devon	25.53 es
7	Anabel Bagley	WYork	25.99
8	Sarah Zintchem	SYork	26.58
<b>Final</b>			
<b>(+0.5 m/s)</b>			
1	Hannah Kelly	Manch	24.24 ns
2	Ella Wansell	Herts	24.44 ns
3	Akaysha Ellis	London	24.49 ns
4	Zoe Thompson	Essex	24.60 ns
5	Jasmine Moss	Durham	24.96 ns
6	Kaisha Buchanan	Notts	25.25 es
7	Rebecca Jeggo	Essex	25.29 es
8	Regan Walker	Manch	25.59 es

<b>Inter Boys 3000 metres</b>			
ES: 8:56.00 NS: 8:50.00 BP: 8:20.00			
<b>Final</b>			
1	Sam Charlton	Nland	8:34.15 ns
2	Mohamed Ali	Midd	8:39.64 ns
3	Will Barnicoat	Surrey	8:42.12 ns
4	Will Bellamy	Durham	8:47.42 ns
5	Nicolas Harhalakis	Camb	8:48.13 ns
6	Liam Rawlings	Shrop	8:48.28 ns
7	Josh Dickinson	SYork	8:48.95 ns
8	Charlie Brisley	Kent	8:50.04 es
9	George Pool	Sussex	8:52.32 es
10	Archie Lowe	Cleve	8:53.97 es
11	Matthew Barnes	Notts	8:57.03
12	Joe Buckley	Chesh	8:57.65
13	Archie Parkinson	Nhants	9:03.06
14	William Mahoney	Norf	9:03.76
15	Henry McLuckie	Hamp	9:11.90
16	Johnny Livingstone	Devon	9:12.60
17	Alex Parsons	Avon	9:13.06
18	Kieren Coleman-Smith	Leics	9:14.68
19	James Dowsett	Bucks	9:15.16
20	Joseph Green	Lincs	9:24.79
21	Luke Stonehewer	Humb	9:36.68
	Luke Van Oudtshoorn	Surrey	dnf

<b>Inter Boys 100 metres Hurdles</b>			
ES: 14.00 NS: 13.50 BP: 12.47			
<b>Round 1</b>			
<b>Heat 1 (+1.1 m/s)</b>			
1	Joseph Harding	Essex	13.03 ns
2	Elliott Harris	WMid	13.75 es
3	Phil Kastner	Midd	14.23
4	Matthew Griffin	H&Wor	14.36
5	Alex Byers	Warks	14.66
	Thomas Beale	Berks	dnf
<b>Heat 2 (+3.2 m/s)</b>			
1	Daniel Knight	Essex	13.60 es
2	Stephen Simmons	Beds	13.77 es
3	Adam Booth	Hamp	13.81 es
4	Teddy Ntuli	Suff	13.88 es
5	Afure Moses-Taiga	Midd	14.51
6	Rico Cottell	Kent	15.03
<b>Heat 3 (+1.7 m/s)</b>			
1	Jordan Ricketts	WMid	13.34 ns
2	Oliver Dakin	Derby	13.48 ns
3	Thomas Wilcock	Nhants	13.66 es
4	Ralph Williams	Herts	13.72 es
5	Stuart Bladon	Berks	14.01
6	Greg Zoppos	Midd	14.58

<b>Final</b>			
<b>(+0.7 m/s)</b>			
1	Joseph Harding	Essex	13.01 ns
2	Jordan Ricketts	WMid	13.19 ns
3	Daniel Knight	Essex	13.37 ns
4	Oliver Dakin	Derby	13.58 es
5	Thomas Wilcock	Nhants	13.77 es
6	Stephen Simmons	Beds	13.77 es
7	Elliott Harris	WMid	13.89 es
8	Ralph Williams	Herts	14.20

<b>Inter Boys 400 metres Hurdles</b>			
ES: 58.00 NS: 56.20 BP: 52.63			
<b>Round 1</b>			
<b>Heat 1</b>			
1	Adam Rowlands	Midd	56.47 es
2	Callum Inman	Derby	56.61 es
3	Ben Blake	Kent	57.09 es
4	Tom Cursons	Surrey	57.31 es
5	Pyers Lockwood	Sussex	57.78 es
6	Alfie Bowers	Warks	59.43
<b>Heat 2</b>			
1	Oscar Heaney Brufal	London	55.69 ns
2	Freddie Reilly	Herts	57.85 es
3	Joseph Nozedar	Cleve	58.13
4	Sam Bishop	Surrey	58.26
5	Ben Okeiyi	Sussex	58.38
6	Harry Meredith	Avon	59.31
7	William Cooke	WYork	59.74
<b>Final</b>			
1	Oscar Heaney Brufal	London	54.73 ns
2	Freddie Reilly	Herts	54.87 ns
3	Adam Rowlands	Midd	55.91 ns
4	Callum Inman	Derby	56.25 es
5	Pyers Lockwood	Sussex	57.70 es
6	Tom Cursons	Surrey	57.80 es
7	Joseph Nozedar	Cleve	58.45
	Ben Blake	Kent	dq

<b>Inter Boys 1500 metres Steeplechase</b>			
ES: 4:36.00 NS: 4:30.00 BP: 4:13.66			
<b>Final</b>			
1	Kristian Imroth	Herts	4:21.31 ns
2	Conall McGinness	Camb	4:23.22 ns
3	Archie May	Kent	4:23.66 ns
4	Jordan Jones	Chesh	4:32.81 es
5	Ben Marks	Surrey	4:36.11
6	Ben McIntyre	Glouc	4:36.48
7	Ben Hope	Bucks	4:36.97
8	Max Nicolle	Bucks	4:37.05
9	Ben Gardiner	Kent	4:37.58
10	Chris Bain	Chls	4:38.88
11	Dan Kimber	H&Wor	4:54.99
12	Liam Brittle	Durham	5:03.67

<b>Inter Boys 4x100 metres Relay</b>			
ES: 45.00 NS: 43.60 BP: 41.85			
<b>Round 1</b>			
<b>Heat 1</b>			
1	Surrey	Surrey	42.78 ns
2	Essex	Essex	43.66 es
3	Derbyshire	Derby	44.61 es
4	Nottinghamshire	Notts	44.97 es
	Kent	Kent	dnf
	Durham	Durham	dns
<b>Heat 2</b>			
1	Leicestershire & Rutland	Leics	44.44 es
2	Warwickshire	Warks	44.91 es
3	Berkshire	Berks	44.96 es
	Middlesex	Midd	dnf
	London	London	dq
	Northumberland	Nland	dns
	Lancashire	Lancs	dns

**Heat 3**

1 Hertfordshire	Herts	43.03	ns
2 West Yorkshire	WYork	43.65	es
3 Hampshire	Hamp	43.94	es
4 Avon	Avon	44.81	es
Staffordshire	Staff	dq	
West Midlands	WMid	dns	

**Final**

1 Surrey	Surrey	42.29	ns
2 Hertfordshire	Herts	43.27	ns
3 Hampshire	Hamp	43.72	es
4 Essex	Essex	43.99	es
5 Leicestershire & Rutland	Leics	44.54	es
6 Derbyshire	Derby	44.65	es
7 Warwickshire	Warks	44.74	es
8 West Yorkshire	WYork	45.37	

**Inter Boys High Jump**

ES: 1.92 NS: 1.98 BP: 2.12

**Final**

1 Sam Brereton	Corn	2.04	ns
2 Harrison Thorne	Berks	2.01	ns
3 Jack Ennis	Surrey	1.98	ns
4 Harry Reineker Found	Sussex	1.98	ns
5 Samuel Featherstone	Bucks	1.92	es
6 Jacob Thompson	Chesh	1.89	
7 Harry Whyley	Notts	1.89	
8 Owen Southern	Mersey	1.84	
= Charlie Knott	Camb	1.84	
10 Max Thomas	Devon	1.84	
= Jerome Henry	London	1.84	

**Inter Boys Long Jump**

ES: 6.40 NS: 6.60 BP: 7.47

**Final**

1 Jami Schlueter	Somer	7.03	0.0	ns
2 Theo Adesina	Essex	6.92	0.0	ns
3 Adam Lindo	Sussex	6.90	0.0	ns
4 Harvey Darroch	Mersey	6.69	0.0	ns
5 Myles Xavier	Surrey	6.61	0.0	ns
6 Sam Gorman	Durham	6.52	0.0	es
7 Callum Hay	SYork	6.49	0.0	es
= Brendon Foster	Derby	6.49	0.0	es
9 Logan Page	Dorset	6.42	0.0	es
10 Robert Thomas	Chls	6.33	0.0	
11 Morgan Frith	Chesh	6.30	0.0	
12 Jack Cherry	WYork	6.11	0.0	
13 Mathew Millward-Brookes	Glouc	6.07	0.0	
14 Harvey Noble	Lancs	6.07	0.0	
15 Zack Darlington	Midd	6.00	0.0	
16 Joshua Barrett-Mowatt	London	5.99	0.0	

**Inter Boys Triple Jump**

ES: 13.20 NS: 13.70 BP: 15.91

**Final**

1 Josh Woods	Herts	14.37	0.0	ns
2 Archie Yeo	Humb	14.02	0.0	ns
3 Renaldo Smith	Beds	13.93	0.0	ns
4 Deshawn Lascelles	Camb	13.91	0.0	ns
5 Oyare Aneju	Oxford	13.77	0.0	ns
6 Louis Goffin	Sussex	13.62	0.0	es
7 Seth Mokuolu	Essex	13.50	0.0	es
8 Kenan Stephens	Midd	13.26	0.0	es
9 Jasper Kraamer	Warks	12.95	0.0	
10 Nahbi Odeh	Leics	12.93	0.0	
11 Jeff Hagan	Midd	12.81	0.0	0.0
12 Ethan Stephenson	Nland	12.77	0.0	
13 Finlay Campbell	Lancs	12.50	0.0	
14 Oluwasubomi Bello	London	12.41	0.0	
15 Sepiso Irotumhe	Lincs	11.87	0.0	

**Inter Boys Pole Vault**

ES: 3.90 NS: 4.20 BP: 4.86

**Final**

1 Jacob Clark	Notts	4.30	ns
2 Owen Heard	Surrey	4.30	ns
3 Dylan Baines	Herts	4.20	ns
4 Cameron Williams-Stein	Warks	3.70	
5 Bryce Breen	Herts	3.70	
= Jonathan Rugg	Herts	3.70	

**Inter Boys Shot**

ES: 13.20 NS: 14.20 BP: 20.48

**Final**

1 Lewis Byng	Warks	17.89	ns
2 Andrew Knight	Nland	16.87	ns
3 Joshua Wise	Hamp	15.78	ns
4 Kye Charlton Brown	Beds	14.87	ns
5 Josh Tyler	Devon	14.52	ns
6 Chris Dyrmishi	Nhants	14.52	ns
7 Nathan Bushnell	Essex	14.02	es
8 Tiarnan Matthews	London	13.95	es
9 David Koffi	Herts	13.55	es
10 Matthew Collingridge	Midd	13.21	es
11 Christian Archer	Notts	13.11	
12 James Cunningham	Norf	13.05	
13 Rory Howorth	Wilts	12.90	
14 James Frith	Bucks	12.62	
15 Ben Foster	Devon	12.57	
16 Luke Allen	Durham	12.43	
17 Alfie Williams	Norf	11.12	

**Final**

1 Temi Ojora	Bucks	1.75	ns
2 Leonie Brunning	Beds	1.75	ns
3 Hannah Moat	Lincs	1.72	ns
4 Emma Sherwood	H&Wor	1.69	ns
5 Shaka Egbo	Herts	1.69	ns
6 Lily Holt	Bucks	1.66	es
7 Danielle Hopkins	H&Wor	1.66	es
8 Maya Jones	Somer	1.66	es
9 Gabrielle O'Neil	Mersey	1.63	es
10 Isabel Matique	NYork	1.63	es
11 Madeleine Wood	Leics	1.60	
12 Georgie Forde-Wells	Nhants		

**Inter Girls Long Jump**

ES: 5.35 NS: 5.50 BP: 6.41

**Final**

1 Cleo Martin-Evans	Nhants	6.03	1.4	ns
2 Amy Rolfe	NYork	5.89	0.6	ns
3 Funminiyl Olajide	Essex	5.81	0.0	ns
4 Ore Adamson	London	5.80	0.9	ns
5 Abigail Pawlett	Chesh	5.78	0.5	ns
6 Mayong Tabe	Kent	5.76	0.9	ns
7 Emily Tyrrell	Devon	5.56	0.9	ns
8 Olivia Chessell	Surrey	5.55	1.3	ns
9 Milly Gall	Herts	5.40	-0.2	es
10 Kierra Grant	Beds	5.32	0.7	
11 Gabrielle Kirkham	Wilts	5.25	0.8	
12 Megan Lasseter	Manch	5.25	0.6	
13 Kajili Woodward	WMid	5.24	1.2	
14 Dora Tomlinson	Shrop	5.20	-1.1	
15 Honour Okoroji	London	5.20	1.0	
16 Fiona Bristow	Oxford	5.18	1.1	
17 Lucy Woodward	Chls	5.05	0.1	
18 Eve Greenway	Staff	5.03	1.4	
19 Kristie Archer	SYork	4.98	-0.1	
20 Hannah Ellam	NYork	4.95	-0.2	
21 Daisy Worthington	Manch	4.78	-0.78	

**Inter Girls Triple Jump**

ES: 10.90 NS: 11.20 BP: 12.22

**Final**

1 Jazz Sears	Beds	12.46	1.1	bp
2 Iris Oliarnyk	WMid	12.18	0.5	ns
3 Diane Mapamboli	London	11.97	1.6	ns
4 Amelia Daley	Herts	11.78	0.3	ns
5 Eleanor Brown	Norf	11.57	-0.8	ns
6 Kelsey Sutherland	Sussex	11.56	0.0	ns
7 Holly Aitchison	Manch	11.44	-0.4	ns
8 Klaudia Walas	Berks	10.90	-0.6	es
9 Sophie Hodgson	Notts	10.85	0.0	
10 Emma Simpson	Manch	10.74	1.6	
11 Sophie Brown	Glouc	10.71	0.7	
12 Aimee Lester	Devon	10.65	-0.5	
13 Madeline Wilton	Hamp	10.53	0.0	
14 Fleur Mansell	Dorset	10.46	0.0	
15 Jordan Thrower	Cleve	10.36	0.0	
16 Holly Griffiths-Brown	Oxford			

**Inter Girls Pole Vault**

ES: 3.10 NS: 3.40 BP: 3.93

**Final**

1 Jade Spencer-Smith	Midd	3.80	ns
2 Sophie Ashurst	Manch	3.70	ns
3 Jasmine Carey	Lancs	3.60	ns
4 Molly Elliott	Durham	3.40	ns
5 Amy Haslam	Manch	3.25	es
= Eleanor Barrett	Kent	3.25	es
7 Lois Warden	Kent	3.25	es
= Amelia Shearman	Lancs	3.25	es
9 Erin Thomas	Kent	3.25	es
10 Jasmine Presho	Bucks	3.10	es
11 Harriet Vaughan	Manch	2.90	

**Inter Girls Shot**

ES: 11.40 NS: 12.80 BP: 15.08

**Final**

1 Nana Gyedu	London	13.61	ns
2 Millie Noyce	Sussex	13.20	ns
3 Lily Naylor	Derby	12.75	es
4 Jess Hopkins	Essex	12.70	es
5 Toni Egbulefu	Essex	12.60	es
6 Alexandra Adeniji	Essex	12.45	es
7 Kelsey Pearce	Derby	12.10	es
8 Angela Lowe	Berks	11.84	es
9 Holly Benson	Manch	11.75	es
10 Dara Adebayo	Herts	11.75	es
11 Kenyeh Soyey	Camb	11.70	es
12 Elizabeth Moorhouse	Camb	11.29	
13 Amy-Beth Curtis	Devon	11.07	
14 Eleanor Pilkington	Suff	10.91	
15 Freya Cutler	Dorset	10.86	
16 Lilly Carpenter	Glouc	10.70	
17 Catherine Burns	Cleve	10.67	
18 Lucy Giles	Nland	10.57	
19 Christina Broome	Mersey	10.49	
20 Elizabeth Adamson	Hamp	10.45	
21 Yasmin Grosvenor	Hamp	10.36	
22 Eve Robson	Cleve	9.69	

**Inter Girls Discus**

ES: 33.00 NS: 37.00 BP: 49.36

**Final**

1 Samantha Callaway	Hamp	44.28	ns
2 Taia Tunstall	Herts	43.69	ns
3 Hannah Macaulay	Kent	40.08	ns
4 Orla Manchester	Surrey	36.68	es
5 Kirsty-Anne Ebbage	Kent	36.32	es
6 Precious Hamilton	London	33.65	es
7 Ellie Lovett	Hamp	32.08	
8 Zara Acton	Derby	31.76	
9 Abbie Stewart	London	29.28	
10 Caitlin Rimmer	Derby	28.76	
11 Katie Lyons	Surrey	27.86	

**Inter Girls 300 metres Hurdles**

ES: 46.40 NS: 45.00 BP: 41.48

**Round 1****Heat 1**

1	Jasmine Jolly	Lancs	43.49	ns
2	Morgan Spink	Notts	44.35	ns
3	Emily Misantoni	Chesh	44.35	ns
4	Olivia Willmore	Dorset	45.08	es
5	Ellie Livingstone	Hamp	45.32	es
6	Tess McHugh	Manch	46.93	
7	Deanna Clarke	H&Wor	47.33	

**Heat 2**

1	Mia Chantree	Essex	43.77	ns
2	Alexia Bennett-Cordy	WMid	44.67	ns
3	Abbie Lovering	Dorset	44.73	ns
4	Maddie Turner	Hamp	45.21	es
5	Kiera Bainsfair	Essex	48.07	
6	Chloe Eames	Berks	48.46	

**Heat 3**

1	Melissa Coxon	SYork	43.73	ns
2	Poppy Oliver	Sussex	43.80	ns
3	Steph Driscoll	Cumb	44.08	ns
4	Kati Hulme	Shrop	46.52	
5	Jessica Lake	Notts	47.35	
6	Andrea Gilbert	Somer	48.16	

**Final**

1	Jasmine Jolly	Lancs	42.29	ns
2	Melissa Coxon	SYork	43.42	ns
3	Poppy Oliver	Sussex	43.52	ns
4	Mia Chantree	Essex	43.53	ns
5	Steph Driscoll	Cumb	43.68	ns
6	Emily Misantoni	Chesh	43.70	ns
7	Alexia Bennett-Cordy	WMid	44.45	ns
8	Morgan Spink	Notts	45.40	es

**Inter Girls 1500 metres Steeplechase**

ES: 5:23.00 NS: 5:13.00 BP: 4:54.82

**Final**

1	Amelia Wills	Somer	5:00.73	ns
2	Maya Todd-McIntyre	Notts	5:01.14	ns
3	Morgan Squibb	Kent	5:02.19	ns
4	Noemie Thomson	Kent	5:02.31	ns
5	Holly Fisher	Suff	5:11.57	ns
6	Martha Collings	Surrey	5:14.11	es
7	Aoibheann Pearce	Essex	5:16.80	es
8	Imogen King	Bucks	5:17.10	es
9	Enya Maylor	Avon	5:19.82	es
10	Poppy Pellow	Somer	5:21.20	es
11	Rachel Burton	Oxford	5:21.63	es
12	Maya Hodgson	Berks	5:24.34	
13	Lizzy Ingram	Somer	5:27.86	
14	Mia Groom	Midd	5:28.83	
15	Morgan Hanson	Oxford	5:37.66	
	Elicia Smith	Cleve	dns	

**Inter Girls 4x100 metres Relay**

ES: 50.20 NS: 48.20 BP: 46.10

**Round 1****Heat 1**

1	Kent	Kent	48.24	es
2	West Midlands	WMid	48.82	es
3	Greater Manchester	Manch	50.09	es
4	Shropshire	Shrop	50.58	
	West Yorkshire	WYork	dq	
	Derbyshire	Derby	dns	
	Durham	Durham	dns	

**Heat 2**

1	Surrey	Surrey	47.01	ns
2	Middlesex	Midd	48.81	es
3	Berkshire	Berks	49.00	es
4	North Yorkshire	NYork	51.94	
5	Suffolk	Suff	51.94	
	Leicestershire & Rutland	Leics	dq	
	Somerset	Somer	dns	

**Heat 3**

1	Cheshire	Chesh	47.88	ns
2	Hampshire	Hamp	49.73	es
3	Avon	Avon	49.81	es
4	Dorset	Dorset	50.35	
	Bedfordshire & Luton	Beds	dq	
	Hertfordshire	Herts	dns	

**Heat 4**

1	London	London	46.96	ns
2	Essex	Essex	48.51	es
3	Devon	Devon	48.57	es
4	Sussex	Sussex	49.75	es
5	Hereford & Worcestershire	H&Wor	50.36	
6	Oxfordshire	Oxford	52.44	
	Nottinghamshire	Notts	dns	

**Final**

1	Surrey	Surrey	46.70	ns
2	London	London	46.86	ns
3	Cheshire	Chesh	47.71	ns
4	West Midlands	WMid	47.96	ns
5	Kent	Kent	48.42	es
6	Essex	Essex	48.84	es
7	Devon	Devon	50.23	
	Middlesex	Midd	dq	

**Inter Girls High Jump**

ES: 1.63 NS: 1.69 BP: 1.83

**Round 1****Pool A**

1	Hannah Moat	Lincs	1.63	es
2	Leonie Brunning	Beds	1.63	es
	= Emma Sherwood	H&Wor	1.63	es
4	Maya Jones	Somer	1.63	es
5	Lily Holt	Bucks	1.63	es
6	Gabrielle O'Neil	Mersey	1.63	es
7	Isabel Matique	NYork	1.60	
8	Lily Crawley	Glouc	1.60	
9	Kara Oniiri	Herts	1.60	
10	Alanah Thoresby	Humb	1.55	
11	Molly Hole	Wilts	1.55	
12	Rebecca Walker	Shrop	1.55	
13	Miriam Levy	SYork	1.55	

**Pool B**

1	Temí Ojora	Bucks	1.63	es
	= Shaka Egbo	Herts	1.63	es
	= Georgie Forde-Wells	Nhants	1.63	es
4	Danielle Hopkins	H&Wor	1.63	es
5	Madeleine Wood	Leics	1.63	es
6	Jessica Gordon	Hamp	1.60	
7	Aisla Rhodes	Herts	1.55	
8	Emily Jenkins	Glouc	1.55	
	= Harriet Fenton-Lake	Camb	1.55	
10	Emily Dunning	Beds	1.55	
11	Autumn Joseph	NYork	1.50	
	= Isabelle Church	Berks	1.50	
13	Ellie Townsend	Humb		

**Inter Boys Discus**

ES: 41.00 NS: 44.00 BP: 61.24

**Final**

1	Joshua Douglas	Hamp	55.83	ns
2	Aran Thomas	WYork	50.63	ns
3	Joe Lancaster	Cumb	46.09	ns
4	James Wordsworth	Nland	44.96	ns
5	Ben Copley	Humb	44.38	ns
6	Adam Phillips	Dorset	43.25	es
7	Oliver Thatcher	Hamp	40.74	
8	Lukas Bradshaw	Humb	40.68	
9	Dominic Buckland	Herts	40.07	
10	Harry Miles	Cumb	37.98	
11	Leo Walker	Sussex	37.65	
12	Ciaran Medd	Lancs	37.50	
13	Craig Moncur	Devon	37.44	
14	Archie Cleverley	Suff	36.33	
15	Benjamin Shackleton	Camb	36.30	

**Inter Boys Javelin**

ES: 52.00 NS: 54.00 BP: 77.12

**Final**

1	Max Law	Essex	70.84	ns
2	Tom Dollery	Somer	59.76	ns
3	Thomas Holmes	Wilts	57.29	ns
4	Pedro Gleadall	Kent	57.22	ns
5	Jess Walker	Essex	56.04	ns
6	Harry Ditchfield	Manch	54.02	ns
7	Luke Robinson	NYork	53.59	es
8	Kameron Duxbury	Hamp	52.41	es
9	Fenton Bishop-Timings	Warks	52.19	es
10	Adam Lloyd	Shrop	51.85	
11	Lulian Pipirgeanu	Essex	51.33	
12	Bradley Jenvey	Hamp	50.76	
13	Thomas Mitson	Suff	50.59	
14	Tom Putt	Devon	50.30	
15	Kody Johnson	Nhants	49.35	
16	Josh Miller	Devon	45.10	
17	Drew Sinnott	Warks	43.96	

**Inter Boys Hammer**

ES: 50.00 NS: 56.00 BP: 73.58

**Final**

1	Sam Gaskell	Lancs	68.75	ns
2	Kenneth Ikeji	Essex	68.31	ns
3	Shaun Kerry	Humb	68.05	ns
4	Jack Lambert	Shrop	60.76	ns
5	Jack Turner	Staff	59.14	ns
6	Thomas Litchfield	Beds	57.79	ns
7	Toby Conibear	Avon	57.22	ns
8	Sam Illsley	Sussex	56.08	ns
9	Edward Fileman	Devon	54.29	es
10	Alex Bernstein	Lancs	53.99	es
11	Tom Milton	Essex	52.54	es
12	Jacob Careless	Notts	49.58	
13	James Gardner	Berks	46.15	

**Senior Boys 100 metres**

ES: 11.10 NS: 10.90 BP: 10.37

**Round 1****Heat 1 (-1.4 m/s)**

1	Joe Ferguson	WYork	10.84	ns
2	Samir Williams	Surrey	11.06	es
3	Alex Marshall	Kent	11.15	
4	David Boakye	Bucks	11.16	
5	Bryn Smith	Sussex	11.18	
6	Luke Collis	Midd	11.32	
7	James Farr	Chesh	11.52	
8	Oliver Gould	H&Wor	11.68	
9	Harry Baggaley	Staff	11.68	
10	Charlie Rive	Chls	11.72	

**Heat 2 (-0.3 m/s)**

1	Brandon Mingeli	Herts	10.88	ns
2	Micah Francis-Dwyer	Surrey	10.91	es
3	Adam Cross	Camb	11.01	es
4	Korede Awe	Kent	11.06	es
5	Dominique Olaniyi	Midd	11.22	
6	Alwayne Campbell	WMid	11.23	
7	Harry Taylor	Norf	11.27	
8	Ollie Sprio	Warks	11.28	
9	Loick Bazzi	Oxford	11.42	
10	Charlie Curry	Wilts	11.46	

**Heat 3 (-1.8 m/s)**

1	Daniel Brooks	Avon	11.07	es
2	Jody Smith	Leics	11.11	
3	James Hanson	Surrey	11.17	
4	Robinson Okumu	Dorset	11.22	
5	Jaime Nalus	Warks	11.30	
6	Niall Price	Shrop	11.31	
7	Lee Richards	Herts	11.31	
8	Cameron Bailey	Suff	11.36	
9	Jordan Pola	Sussex	11.49	
10	Jaiden Aaron	Midd	11.83	

**Heat 4 (-1.2 m/s)**

1	Bailey Wright	Sussex	10.96	es
2	Daniel Afolabi	Manch	11.07	es
3	Kwame Twumasi-Tawiah	Bucks	11.16	
4	Daniel Banks	H&Wor	11.21	
5	Rory Cawkwell	Glouc	11.25	
6	Daniel Lamb	Mersey	11.45	
7	Dalvin Cyrus	WYork	11.48	
8	David Morgan-Harrison	NYork	11.60	

**Round 2****Semi-final A (+1.2 m/s)**

1	Brandon Mingeli	Herts	10.80	ns
2	Samir Williams	Surrey	10.97	es
3	Bailey Wright	Sussex	11.00	es
4	Daniel Afolabi	Manch	11.03	es
5	Kwame Twumasi-Tawiah	Bucks	11.16	
6	Alex Marshall	Kent	11.17	
7	Daniel Banks	H&Wor	11.26	
8	Korede Awe	Kent	16.15	

**Semi-final B (-0.9 m/s)**

1	Joe Ferguson	WYork	10.74	ns
2	Micah Francis-Dwyer	Surrey	10.84	ns
3	Daniel Brooks	Avon	10.95	es
4	Jody Smith	Leics	10.96	es
5	Adam Cross	Camb	10.98	es
6	David Boakye	Bucks	11.06	es
7	James Hanson	Surrey	11.06	es
8	Bryn Smith	Sussex	11.22	

**Final**

(-2.0 m/s)				
1	Brandon Mingeli	Herts	10.83	ns
2	Joe Ferguson	WYork	10.86	ns
3	Micah Francis-Dwyer	Surrey	10.88	ns
4	Samir Williams	Surrey	10.98	es
5	Daniel Brooks	Avon	11.07	es
6	Jody Smith	Leics	11.10	es
7	Adam Cross	Camb	11.16	
	Bailey Wright	Sussex	dns	

**Senior Boys 200 metres**

ES: 22.20 NS: 21.90 BP: 20.90

**Round 1****Heat 1 (-1.5m/s)**

1	Michael Shonibare	London	21.91	es
2	Alex Hanson	Surrey	22.00	es
3	Kaya Cairney	Corn	22.38	
4	Joshua Leatherd	Lancs	22.61	
5	Sam Mitchell	WYork	23.23	
	withdrawn	Manch	dns	

**Heat 2 (-1.8 m/s)**

1	Praise Olalere	Lincs	22.00	es
2	Matthew Alvarez	Somer	22.29	
3	Sagesse Nguie	Manch	22.30	
4	Kyle Calhoun	Leics	22.80	
5	Emmanuel Agyare	Midd	22.85	
6	Reece Stalker	Cumb	23.34	
7	Ben Whittaker	NYork	23.48	

**Heat 3 (-1.6 m/s)**

1	Dylan Da Costa	Surrey	21.77	ns
2	Matthew Buckner	Berks	22.07	es
3	Joshua Gillespie	Somer	22.32	
4	Joshua Kumar	Midd	22.49	
5	Harry Flanagan	Mersey	22.55	
6	Alex Nixon	Cleve	22.89	

**Heat 4 (-1.1 m/s)**

1	Will Hughes	Lincs	22.24	
2	Joseph Massimo	Surrey	22.40	
3	Cameron Sprague	Avon	22.59	
4	Ben Smith	Leics	22.63	
5	Joe Connelly	Cumb	22.88	
6	Edward Lake	NYork	23.11	

**Round 2****Semi-final A (+0.0 m/s)**

1	Praise Olalere	Lincs	21.93	es
2	Alex Hanson	Surrey	22.07	es
3	Matthew Alvarez	Somer	22.08	es
4	Sagesse Nguie	Manch	22.20	es
5	Michael Shonibare	London	22.42	
6	Kaya Cairney	Corn	22.44	
7	Harry Flanagan	Mersey	22.55	
8	Joshua Leatherd	Lancs	22.84	

**Semi-final B (-1.8 m/s)**

1	Dylan Da Costa	Surrey	21.81	ns
2	Matthew Buckner	Berks	21.83	ns
3	Will Hughes	Lincs	21.92	es
4	Joseph Massimo	Surrey	22.20	es
5	Joshua Gillespie	Somer	22.23	
6	Joshua Kumar	Midd	22.60	
7	Ben Smith	Leics	22.83	
	Cameron Sprague	Avon	dnf	

**Final**

(+0.5 m/s)				
1	Matthew Buckner	Berks	21.54	ns
2	Dylan Da Costa	Surrey	21.75	ns
3	Will Hughes	Lincs	21.80	ns
4	Praise Olalere	Lincs	21.82	ns
5	Alex Hanson	Surrey	21.83	ns
6	Matthew Alvarez	Somer	21.97	es
7	Joseph Massimo	Surrey	22.32	
8	Sagesse Nguie	Manch	22.33	

**Senior Boys 400 metres**

ES: 49.50 NS: 48.80 BP: 46.26

**Round 1****Heat 1**

1	Ben Hawkes	Warks	48.66	ns
2	Lynden Olowe	Hamp	48.87	es
3	Michael Fabenle	Corn	49.29	es
4	Samuel Nelson	Oxford	50.57	
5	John Trotman	Manch	50.95	
6	Maximilian Buckley	Midd	51.02	
	withdrawn	Shrop	dns	

**Heat 2**

1	Ethan Brown	Kent	48.39	ns
2	Rory Keen	Manch	48.44	ns
3	Lewis Davey	Lincs	48.47	ns
4	Hakan Dalbal	WYork	48.98	es
5	Leon Stubbs	Lancs	49.36	es
6	Sebastian Hartwell	Oxford	50.34	
7	Luigi Palmieri	Suff	50.81	

**Final**

1	Ethan Brown	Kent	47.92	ns
2	Lynden Olowe	Hamp	48.32	ns
3	Ben Hawkes	Warks	48.41	ns
4	Rory Keen	Manch	48.49	ns
5	Lewis Davey	Lincs	48.70	ns
6	Hakan Dalbal	WYork	48.89	es
7	Michael Fabenle	Kent	49.55	
8	Leon Stubbs	Lancs	49.96	

**Senior Boys 800 metres**

ES: 1:54.00 NS: 1:52.00 BP: 1:48.60

**Round 1****Heat 1**

1	Rocco Zaman-Browne	Manch	1:54.70	
2	Josh Allen	NYork	1:54.76	
3	Adrian Lloyd-Davies	Shrop	1:55.18	
4	Shaun Hudson	Berks	1:57.19	
5	Jed Skilton	Dorset	1:57.76	
	withdrawn	Kent	dns	

**Heat 2**

1	Will Crisp	Glouc	1:53.29	es
2	Ricky Lutakome	Surrey	1:53.50	es
3	Thomas Fulton	Herts	1:53.76	es
4	Robert Howorth	Wilts	1:54.53	
5	Luke Chesters	Manch	1:56.01	
6	Fergus McAuliffe	Staff	1:59.81	

**Heat 3**

1	Alex Birkett	Cumb	1:54.69	
2	Oliver Dustin	Cumb	1:54.90	
3	Callum Dodds	Midd	1:55.00	
4	Hayden Bailey	Wilts	1:55.92	
5	Joseph Wigfield	Mersey	1:56.72	
6	Harry Wells	Glouc	1:56.94	
7	Archie Richardson	Lincs	1:57.27	

**Inter Girls 1500 metres**

ES: 4:45.00 NS: 4:39.00 BP: 4:16.24

**Round 1****Heat 1**

1	Olivia Mason	Cumb	4:35.85	ns
2	Ava White	London	4:36.40	ns
3	Mia Atkinson	Leics	4:37.02	ns
4	Madeleine Johnson	Dorset	4:37.14	ns
5	Molly Hudson	Derby	4:38.72	ns
6	Samantha Mason	Manch	4:41.19	es
7	Lauren McNeil	Notts	4:41.21	es
8	Martha Calton-Seal	NYork	4:41.59	es
9	Jessica Norkett	Norf	4:43.57	es
10	Georgina Campbell	Warks	4:44.01	es
11	Alyssa Dovey	Manch	4:49.30	
12	Alexandra Millard	Kent	4:50.20	
13	Isobel Mannion	Berks	4:53.39	

**Heat 2**

1	Emily Williams	Nhants	4:36.24	ns
2	Shannon Flockhart	Camb	4:36.32	ns
3	India Pentland	Durham	4:36.39	ns
4	Sian Heslop	Chesh	4:36.43	ns
5	Lia Radus	London	4:36.44	ns
6	Ella Semple	Staff	4:37.94	ns
7	Mena Scatchard	NYork	4:38.54	ns
8	Molly Peel	Lincs	4:40.55	es
9	Abbey Brooke	WYork	4:43.05	es
10	Olivia McDonald	Sussex	4:51.37	
11	Grace Ingles	Herts	4:51.49	
12	Alexandra Scrivener	Glouc	4:52.65	
13	Jessica Spilsbury	Manch	5:01.89	

**Final**

1	Emily Williams	Nhants	4:31.46	ns
2	Olivia Mason	Cumb	4:33.97	ns
3	Sian Heslop	Chesh	4:34.88	ns
4	Ella Semple	Staff	4:35.93	ns
5	Ava White	London	4:37.02	ns
6	Madeleine Johnson	Dorset	4:38.05	ns
7	Mena Scatchard	NYork	4:38.50	ns
8	India Pentland	Durham	4:39.99	es
9	Shannon Flockhart	Camb	4:40.96	es
10	Lia Radus	London	4:41.01	es
11	Mia Atkinson	Leics	4:41.48	es
12	Molly Hudson	Derby	4:48.79	

**Inter Girls 3000 metres**

ES: 10:20.00 NS: 10:10.00 BP: 9:27.15

**Final**

1	Ella McNiven	Mersey	9:51.55	ns
2	Katie Goodge	Kent	10:02.42	ns
3	Rosie Woodhams	Cumb	10:03.52	ns
4	Holly Smith	Chesh	10:09.84	ns
5	Jessica Humphreys	Shrop	10:12.62	es
6	Molly Jones	Bucks	10:19.20	es
7	Jodie Hill	SYork	10:23.14	
8	Dominique Corradi	Surrey	10:28.23	
9	Louise Cocking	Derby	10:37.48	
10	Catherine Roberts	Durham	10:38.18	
11	Abigail Durand	Norf	10:39.61	
12	Alice Garner	Hamp	10:40.14	
13	Esther Rowe Towle	SYork	10:40.80	

**Inter Girls 80 metres Hurdles**

ES: 12.00 NS: 11.60 BP: 10.90

**Round 1****Heat 1 (+2.4 m/s)**

1	Marcia Sey	Somer	11.18	ns
2	Samantha Harris	Devon	11.52	ns
3	Amelia Woodnick	Herts	11.73	es
4	Ruby Bridger	Essex	11.77	es
5	Anna Poole	WMid	12.08	
6	Lilly Gohara	Berks	12.35	
7	Natalie Sodji	Glouc	12.46	

**Heat 2 (+1.1 m/s)**

1	Victoria Johnson	Leics	11.50	ns
2	Holly Lawrence	Essex	11.59	ns
3	Ellie Mount	Avon	11.81	es
4	Yasmin Bridet	Dorset	11.96	es
5	Philippa Ellis	Durham	12.04	
	Yasmin Uwakwe	Midd	dns	

**Heat 3 (+1.7 m/s)**

1	Rebecca Johns	Derby	11.20	ns
2	Katie Bristowe	Sussex	11.36	ns
3	Chante Williams	Berks	11.64	es
4	Lily Parris	Essex	11.71	es
5	Hollie Thurgood	Hamp	11.80	es
6	Rhiannon Dowinton	Chls	12.09	

**Heat 4 (+1.3 m/s)**

1	Emily Bee	Devon	11.23	ns
2	Marli Jessop	Herts	11.34	ns
3	Abigail Packham	Sussex	11.34	ns
4	Mallory Cluley	London	11.64	es
5	Danielle Hales	Shrop	11.93	es
6	Georgina McCunn	Warks	12.13	
7	Laura Hickey	Manch	12.14	

**Round 2****Semi-final A (0.0m/s)**

1	Emily Bee	Devon	11.19	ns
2	Rebecca Johns	Derby	11.34	ns
3	Katie Bristowe	Sussex	11.46	ns
4	Holly Lawrence	Essex	11.47	ns
5	Mallory Cluley	London	11.62	es
6	Chante Williams	Berks	11.94	es
7	Amelia Woodnick	Herts	12.02	
8	Ruby Bridger	Essex	12.34	

**Semi-final B (+2.5 m/s)**

1	Marcia Sey	Somer	11.08	ns
2	Marli Jessop	Herts	11.42	ns
3	Samantha Harris	Devon	11.49	ns
4	Abigail Packham	Sussex	11.49	ns
5	Victoria Johnson	Leics	11.61	es
6	Lily Parris	Essex	11.77	es
7	Ellie Mount	Avon	11.85	es
8	Hollie Thurgood	Hamp	11.93	es

**Final**

(-1.0 m/s)

1	Marcia Sey	Somer	11.12	ns
2	Emily Bee	Devon	11.19	ns
3	Rebecca Johns	Derby	11.44	ns
4	Marli Jessop	Herts	11.52	ns
5	Abigail Packham	Sussex	11.56	ns
6	Katie Bristowe	Sussex	11.73	es
7	Holly Lawrence	Essex	12.00	es
	Samantha Harris	Devon	dnf	

Heat 4 (+0.9 m/s)			
1 Kayla Bowley	Surrey	24.71	ns
2 Ellie Wheeler-Smith	Glouc	25.27	es
3 Cynthia Agbor	WMid	25.81	es
4 Cara Russell	London	25.87	es
5 Hannah Childs	Hamp	26.10	
6 Khia'aama Kofi	Avon	26.55	

Round 2			
Semi-final A (-1.1 m/s)			
1 Skye Wicks	Essex	24.62	ns
2 Indiana Malik	Notts	25.11	es
3 Kaliyah Young	Kent	25.24	es
4 Amanda Obijiaku	London	25.40	es
5 Naomi Palmer	Beds	25.67	es
6 Sade Kaka	Derby	25.74	es
7 Maya Curry	Mersey	25.87	es
8 Hannah Childs	Hamp	25.98	

Semi-final B (-1.0 m/s)			
1 Kiah Dubarry-Gay	London	24.18	ns
2 Kayla Bowley	Surrey	24.63	ns
3 Acacia Williams Hewitt	SYork	24.74	ns
4 Ellie Wheeler-Smith	Glouc	25.25	es
5 Cara Russell	London	25.77	es
6 Brooke Ironside	Dorset	25.77	es
7 Cynthia Agbor	WMid	25.85	es
8 Emily Lands	Devon	26.09	

Final			
(-1.3 m/s)			
1 Kiah Dubarry-Gay	London	23.90	ns
2 Kayla Bowley	Surrey	24.39	ns
3 Skye Wicks	Essex	24.45	ns
4 Acacia Williams Hewitt	SYork	24.82	ns
5 Indiana Malik	Notts	25.37	es
6 Ellie Wheeler-Smith	Glouc	25.44	es
= Kaliyah Young	Kent	25.44	es
8 Amanda Obijiaku	London	25.79	es

**Inter Girls 300 metres**  
ES: 41.00 NS: 40.10 BP: 37.93

Round 1			
Heat 1			
1 Cedelle Agyei-Kyem	Surrey	39.26	ns
2 Tia Anderson	Durham	40.12	es
3 Orla Brennan	Berks	40.32	es
4 Annie Bell	Cumb	40.61	es
5 Olivia Kimbowa	Manch	40.78	es
6 Emma Morris	Berks	41.36	
7 Bethany Allott	WYork	41.60	

Heat 2			
1 Holly Mpassy	Kent	39.20	ns
2 Mary Takwoingi	WMid	40.49	es
3 Holly Kone	Notts	40.51	es
4 Jess Frazer	Avon	40.83	es
5 Heather Macdonald	Nland	40.90	es
6 Gemma Jones	Leics	41.48	
7 Eve Clawley	Staff	42.82	

Heat 3			
1 Hannah Foster	Beds	39.51	ns
2 Madeleine Whapples	WMid	40.03	ns
3 Holly Murray	Manch	40.44	es
4 Louisa Stoney	Midd	40.45	es
5 Lucy Elcock	Shrop	40.96	es
6 Naomi Wilbram	Leics	41.88	
7 Bea Green	Suff	42.04	

Final			
1 Hannah Foster	Beds	38.65	ns
2 Holly Mpassy	Kent	38.74	ns
3 Cedelle Agyei-Kyem	Surrey	39.45	ns
4 Madeleine Whapples	WMid	39.84	ns
5 Tia Anderson	Durham	40.32	es
6 Orla Brennan	Berks	40.36	es
7 Holly Murray	Manch	40.46	es
8 Mary Takwoingi	WMid	40.64	es

**Inter Girls 800 metres**  
ES: 2:16.00 NS: 2:13.00 BP: 2:05.60

Round 1			
Heat 1			
1 Molly Canham	Devon	2:12.56	ns
2 Ellie Farrow	Hamp	2:13.27	es
3 Jodie Martin	Humb	2:14.15	es
4 Elizabeth Bentham	Herts	2:16.01	
5 Emma Ball	SYork	2:16.06	
6 Sophia Malpass	Shrop	2:18.48	
7 Darcey Lonsdale	Lancs	2:21.51	
8 Cerys Vico	Bucks	2:21.72	
9 Lily Gregory	Leics	2:22.40	

Heat 2			
1 Stephanie Moss	Chesh	2:14.59	es
2 Charlotte Buckley	London	2:14.77	es
3 Isabel Castelow	WYork	2:15.83	es
4 Bluebell Cooke	Herts	2:16.37	
5 Emma Hansen	Glouc	2:16.65	
6 Eleanor Webster	Avon	2:18.13	
7 Kate Willis	Norf	2:18.15	
8 Saffron Moore	Hamp	2:21.93	
9 Resian Morris	SYork	2:22.48	
Amy Miller	Surrey	dns	

Heat 3			
1 Bethan Morley	WYork	2:12.37	ns
2 Annie Testar	Glouc	2:12.74	ns
3 Hannah Roberts	Berks	2:13.84	es
4 Beatrix Wraith	Herts	2:14.66	es
5 Milly Dickinson	Sussex	2:18.73	
6 Daisy Palmer	Oxford	2:19.03	
7 Ty Brockley Langford	Manch	2:19.77	
8 Annie Duffy	Lancs	2:23.30	
9 Montana Edghill	Bucks	2:25.76	

Final			
1 Annie Testar	Glouc	2:09.74	ns
2 Ellie Farrow	Hamp	2:10.48	ns
3 Stephanie Moss	Chesh	2:10.98	ns
4 Molly Canham	Devon	2:11.07	ns
5 Charlotte Buckley	London	2:12.36	ns
6 Hannah Roberts	Berks	2:13.50	es
7 Jodie Martin	Humb	2:16.18	
8 Bethan Morley	WYork	2:20.61	

Final			
1 Oliver Dustin	Cumb	1:49.74	ns
2 Alex Birkett	Cumb	1:50.94	ns
3 Will Crisp	Glouc	1:51.70	ns
4 Josh Allen	NYork	1:52.75	es
5 Ricky Lutakome	Surrey	1:52.96	es
6 Thomas Fulton	Herts	1:53.32	es
7 Robert Howorth	Wilts	1:55.15	
8 Rocco Zaman-Browne	Manch	1:55.18	

**Senior Boys 1500 metres**  
ES: 3:58.00 NS: 3:55.00 BP: 3:45.90

Round 1			
Heat 1			
1 Yusuf Bizimana	Essex	3:55.94	es
2 Luke Duffy	Notts	3:55.96	es
3 Joshua Lay	Nhants	3:56.14	es
4 Alfred Yabsley	Bucks	3:56.40	es
5 Kieran Hedley	Nland	3:56.80	es
6 Daniel Preston	Mersey	3:57.30	es
7 Alex Ediker	Derby	3:57.41	es
8 Kian Davis	Lancs	3:57.61	es
9 Thomas Patrick	Herts	3:59.10	
10 Ben West	Oxford	3:59.16	
11 Hugh Sadler	Avon	4:03.12	
12 Luca Parker	NYork	4:12.39	
13 Jack Goddard	Berks	4:19.24	
Julian Slater	SYork	dns	

Heat 2			
1 Jeremy Dempsey	Herts	3:55.67	es
2 Jack Meijer	Bucks	3:56.23	es
3 Xavier O'Hare	Manch	3:56.37	es
4 Jacques Maurice	NYork	3:56.70	es
5 David Mullarkey	IOM	3:57.02	es
6 Rory Leonard	Nland	3:57.22	es
7 Tom Eames	Sussex	3:58.05	
8 John Howorth	Wilts	3:58.57	
9 Ben Lee	Chesh	3:58.77	
10 Max Heyden	Hamp	3:59.47	
11 Joseph Ford	Mersey	4:00.39	
12 Mark Bostock	WYork	4:01.00	
13 Thomas Gostelow	Leics	4:06.44	
14 Matt Fuller	SYork	4:16.88	

Final			
1 Joshua Lay	Nhants	3:51.36	ns
2 Yusuf Bizimana	Essex	3:52.33	ns
3 Jeremy Dempsey	Herts	3:52.68	ns
4 Luke Duffy	Notts	3:55.56	es
5 Alfred Yabsley	Bucks	3:56.11	es
6 Rory Leonard	Nland	3:57.46	es
7 David Mullarkey	IOM	3:58.25	
8 Daniel Preston	Mersey	3:58.73	
9 Jack Meijer	Bucks	4:00.92	
10 Xavier O'Hare	Manch	4:01.70	
11 Jacques Maurice	NYork	4:02.25	
12 Kieran Hedley	Nland	4:05.72	

**Senior Boys 3000 metres**  
ES: 8:36.00 NS: 8:33.00 BP: 8:10.50

Final			
1 Thomas Keen	Camb	8:24.81	ns
2 Joshua Cowperthwaite	Cleve	8:28.46	ns
3 Nathan Dunn	Lancs	8:28.65	ns
4 Connor Bentley	Shrop	8:29.88	ns
5 Alfie Manthorpe	SYork	8:33.18	es
6 Finn Birnie	Corn	8:33.59	es
7 Lachlan Wellington	Hamp	8:33.85	es
8 Angus McMillan	NYork	8:37.96	
9 James Puxty	Kent	8:39.10	
10 Jack White	Norf	8:49.97	
11 Max Davis	Avon	8:52.85	
12 Liam Garrett	Midd	9:06.24	
withdrawn	Chesh	dns	

**Senior Boys 110 metres Hurdles**  
ES: 15.20 NS: 14.60 BP: 13.60

Round 1			
Heat 1 (-0.1m/s)			
1 Tade Ojora	Berks	13.54	bp
2 Tre Thomas	Leics	13.94	ns
3 Mayowa Osunsami	Essex	14.13	ns
4 Jonathan Mann	Kent	14.57	ns
5 Samuel Tutt	Nhants	14.91	es
Kanya Mtshweni	Hamp	dns	

Heat 2 (+0.6 m/s)			
1 Sam Bennett	Essex	14.11	ns
2 Oliver Cresswell	Warks	14.45	ns
3 David Areyete	Leics	14.77	es
4 Edward Coles	Lancs	15.19	es
5 Sam Roberts	Wilts	15.50	
William Adeyeye	Essex	dq	

**Final**

(+1.3 m/s)

ES: 56.50 NS: 55.00 BP: 51.50

Senior Boys 400 metres Hurdles			
1 Karl Johnson	Essex	51.69	ns
2 Seamus Derbyshire	Staff	51.97	ns
3 Joshua Faulds	Warks	52.53	ns
4 Jamie Lambert	Sussex	53.95	ns
5 Ben Higgins	Leics	54.25	ns
6 Charles Livingston	Chls	54.91	ns
7 Peter Curtis	Chls	54.94	ns
8 Benjamin Schofield	NYork	57.34	

**Senior Boys 2000 metres Steeplechase**

ES: 6:10.00 NS: 6:04.00 BP: 5:38.20

**Final**

1 Elliot Moran	Devon	6:07.28	es
2 Lewis Mills	Kent	6:07.71	es
3 Joey Croft	Camb	6:09.55	es
4 Alex Rowe	Chls	6:09.72	es
5 Bede Pitcairn-Knowles	Kent	6:16.86	
6 George Beardmore	H&Wor	6:19.42	
7 Samuel Crick	Kent	6:30.56	

**Senior Boys 4x100 metres Relay**

ES: 44.50 NS: 43.50 BP: 41.28

**Round 1****Heat 1**

1 Surrey	Surrey	42.28	ns
2 Kent	Kent	42.76	ns
3 Somerset	Somer	43.49	ns
4 Greater Manchester Lancashire Cumbria	Manch Lancs Cumb	45.00 dnf dns	

**Heat 2**

1 Essex	Essex	42.07	ns
2 Middlesex	Midd	42.47	ns
3 Warwickshire	Warks	42.47	ns
4 Leicestershire & Rutland	Leics	42.54	ns
5 West Yorkshire	WYork	43.03	ns
6 Merseyside	Mersey	43.73	es

**Final**

1 Surrey	Surrey	41.66	ns
2 Essex	Essex	41.88	ns
3 Leicestershire & Rutland	Leics	41.92	ns
4 Middlesex	Midd	42.02	ns
5 West Yorkshire	WYork	42.56	ns
6 Kent	Kent	43.02	ns
7 Somerset	Somer	43.05	ns
Warwickshire	Warks	dq	

**Senior Boys High Jump**

ES: 1.95 NS: 2.01 BP: 2.25

**Final**

1 Jack Norton	Hamp	2.10	ns
2 Kai Finch	Mersey	2.04	ns
3 Benjamin Saunders	WMid	2.01	ns
= Steven Jones	Mersey	2.01	ns
5 Shane Connell	Manch	2.01	ns
= Leon Martin-Evans	Nhants	1.95	es
7 Luke Okosieme	London	1.92	
8 Charlie Button	Hamp	1.92	
9 Jack Turner	Somer	1.92	
= Ben Le Rougetel	Somer	1.92	
11 Harry Baker	Sussex	1.87	
= Jack Moore	Avon	1.87	
13 Adam Berwick	Derby	1.87	
14 Toni Ademuwagun	Herts		
= withdrawn	Essex		
= Kaya Walker	Notts		
= Evan Campbell	Chls		
= withdrawn	Chesh		

**Senior Boys Long Jump**

ES: 6.80 NS: 6.90 BP: 7.97

**Final**

1 Shandell Taylor	Essex	7.78	1.7	ns
2 Daniel Hopper	Herts	7.33	0.7	ns
3 Jack Sumners	Warks	7.26	1.3	ns
4 Ben Sutton	Kent	6.87	0.7	es
5 Jake Burkey	Wilts	6.71	-0.4	
6 Samuel Gooding	Devon	6.63	0.6	
7 Callum Orange	WYork	6.53	-0.5	
8 Luke Southerton	Chesh	6.47	0.7	

**Senior Boys Triple Jump**

ES: 13.90 NS: 14.40 BP: 16.22

**Final**

1 Wesley Matsuka-Williams	Norf	14.93	0.0	ns
2 Joel Townley	Glouc	14.66	0.5	ns
3 Samuel Oduro Antwi	Midd	14.47	0.8	ns
4 Emmanuel Odubanjo	Manch	14.35	2.1	es
5 Matthew Ingram	Lancs	14.35	-0.4	es
6 Theophilus Fadayiro	Essex	14.32	0.2	es
7 Harrison Whitfield	Durham	13.85	1.8	
8 Matthew Yates	Shrop	13.16	1.1	

**Senior Boys Pole Vault**

ES: 4.20 NS: 4.50 BP: 5.16

**Final**

1 Emmanuel Thomas	Surrey	4.60	ns
2 Jake Watson	Shrop	4.35	es
3 Christopher Lamb	Manch	4.35	es
4 Oscar Jopp	Camb	4.20	es
5 Elliot Breen	Herts	4.20	es
6 Ollie Thorner	Somer	4.00	
7 Ross Hajipanayi	Midd	4.00	

**Senior Boys Shot**

ES: 13.00 NS: 14.00 BP: 20.64

**Final**

1 Daniel-James Thomas	Sussex	17.85	ns
2 George Hyde	Chesh	15.32	ns
3 Jack Royden	Kent	13.47	es
4 James Carroll	Mersey	13.27	es
5 Joe Moore	Cumb	13.21	es
6 David Todd	Durham	12.93	
7 James Dods	Durham	11.89	
8 Alex Spratley-Kemp	Berks	11.88	
9 Nathan Langley	Notts	11.66	

**Junior Girls Javelin**

ES: 34.00 NS: 36.00 BP: 43.23

**Final**

1 Jessica Lewis	Avon	43.30	bp
2 Jess Thompson	NYork	42.44	ns
3 Harriette Mortlock	Essex	41.78	ns
4 Alex Arbon	Notts	41.46	ns
5 Megan Galpin	Wilts	40.61	ns
6 Holly Turnbull	Sussex	36.58	ns
7 Eva Durand	Bucks	36.35	ns
8 Jasmine Larsen	Hamp	35.39	es
9 Chardonnay Bowles	Sussex	35.07	es
10 Eliza Sutton	Surrey	31.18	
11 Amy Cook	Warks	31.04	
12 Lily Fennessy	H&Wor	24.53	

**Junior Girls Hammer**

ES: 36.00 NS: 44.00 BP: 58.01

**Final**

1 Lily Murray	Kent	50.74	ns
2 Lara Moffat	Bucks	49.95	ns
3 Chloe Lipscomb	Sussex	43.88	es
4 Amy Bunting	Lincs	42.68	es
5 Beth Matthews	Hamp	42.01	es
6 Gypsy Nash	Kent	41.58	es
7 Freya Brennand	Sussex	41.24	es
8 Rosie Lasseter	Manch	39.15	es
9 Katie Gibson	Nhants	38.65	es
10 Eden Lockett	Humb	37.99	es
11 Lily Kendall	Hamp	37.55	es
12 Liliana Burn	Berks	37.31	es
13 Maisy Harvey	Glouc	36.59	es
14 Madeline Hughes	WMid	26.23	
15 Caitlin Goudie	Camb	25.55	

**Inter Girls 100 metres**

ES: 12.50 NS: 12.20 BP: 11.50

**Round 1****Heat 1 (+1.9 m/s)**

1 Trinity Powell	Manch	11.84	ns
2 Mia Lowndes	Chesh	12.26	es
3 Michelle Owusu	WMid	12.34	es
4 Abigail Peake	Somer	12.35	es
5 Mary Beetham-Green	Nhants	12.44	es
6 Florence Beedie	Derby	12.56	
7 Roli Omamuli	Midd	12.70	
8 Mia Breeze	Avon	12.72	
9 Imogene Cook	Berks	13.11	

**Heat 2 (+0.9m/s)**

1 Leah Okorhi	WMid	12.20	ns
2 Tia Jackson	Avon	12.27	es
3 Victoria Ubenyi	London	12.42	es
4 Latifah Harris-Osman	Midd	12.44	es
5 Serena Grace	Norf	12.45	es
6 Megan Costello	Cleve	12.57	
7 Eve Grant	Mersey	12.60	
8 Ese Ogieva	WYork	12.65	

**Heat 3 (-0.7 m/s)**

1 Aleeya Sibbons	Essex	12.22	es
2 Toni Bryan	Surrey	12.27	es
3 Lonarra Youngs	Suff	12.49	es
4 Zurriel Owolana	Herts	12.55	
5 Scarlett Herold	Oxford	12.67	
6 Tamara Miller	WYork	12.75	
7 Lauren Lewis	Lancs	12.81	
8 Amelia Buntton	Humb	12.95	

**Heat 4 (-2.2m/s)**

1 Nayanna Dubarry-Gay	London	12.27	es
2 Ayoola Babalola	Surrey	12.37	es
3 Awa Ndiaye	London	12.41	es
4 Abbie Sillett	Berks	12.56	
5 Leah Duncan	Essex	12.78	
6 Lucy Wheeler	Warks	12.85	
7 Praise Owowe	Manch	12.85	
8 Rachel Bennett	Durham		

**Round 2****Semi-final A (-3.2 m/s)**

1 Trinity Powell	Manch	12.00	ns
2 Nayanna Dubarry-Gay	London	12.26	es
3 Ayoola Babalola	Surrey	12.31	es
4 Michelle Owusu	WMid	12.47	es
5 Abigail Peake	Somer	12.47	es
6 Mia Lowndes	Chesh	12.48	es
7 Lonarra Youngs	Suff	12.49	es
8 Serena Grace	Norf	12.53	

**Semi-final B (-2.8 m/s)**

1 Toni Bryan	Surrey	12.30	es
2 Leah Okorhi	WMid	12.34	es
= Aleeya Sibbons	Essex	12.34	es
4 Tia Jackson	Avon	12.45	es
5 Victoria Ubenyi	London	12.52	
6 Awa Ndiaye	London	12.58	
7 Latifah Harris-Osman	Midd	12.64	
8 Mary Beetham-Green	Nhants	12.69	

**Final**

(+0.1 m/s)

1 Nayanna Dubarry-Gay	London	12.23	es
2 Ayoola Babalola	Surrey	12.24	es
3 Leah Okorhi	WMid	12.27	es
4 Toni Bryan	Surrey	12.27	es
5 Tia Jackson	Avon	12.35	es
6 Aleeya Sibbons	Essex	12.42	es
7 Michelle Owusu	WMid	12.52	
Trinity Powell	Manch	dnf	

**Inter Girls 200 metres**

ES: 25.90 NS: 25.10 BP: 23.60

**Round 1****Heat 1 (-2.1 m/s)**

1 Indiana Malik	Notts	25.46	es
2 Sade Kaka	Derby	25.78	es
3 Maya Curry	Mersey	26.00	
4 Emily Lands	Devon	26.02	
5 Rukayatu Shonibare	Chesh	26.18	
6 Grace Pitman	Glouc	27.24	
Precious Adu	Midd	dnf	

**Heat 2 (+1.2 m/s)**

1 Skye Wicks	Essex	24.48	ns
2 Kaliyah Young	Kent	25.03	ns
3 Amanda Obijaku	London	25.34	es
4 Naomi Palmer	Beds	25.46	es
5 Mollie Kettrick	Cumb	26.19	
6 Sarah-Jane Ollis	H&Wor	26.50	
7 Charlotte Richardson	Nland	26.88	

**Heat 3 (-2.9 m/s)**

1 Kiah Dubarry-Gay	London	24.85	ns
2 Acacia Williams Hewitt	SYork	25.43	es
3 Brooke Ironside	Dorset	25.97	
4 Imogen Sheppard	Warks	26.25	
5 Imogen Leahey	Avon	26.43	
6 Esther Fatuade	Midd	26.56	
7 Catherine Edwards	Hamp	26.60	

**Junior Girls High Jump**

ES: 1.58 NS: 1.64 BP: 1.77

**Final**

1	Lara Scott	Hamp	1.67	ns
2	Fiona Barkley	Glouc	1.64	ns
3	Georgie Scoot	Devon	1.61	es
4	Lucy Fellows	Midd	1.61	es
5	Isabelle Humphreys	Sussex	1.61	es
6	Niamh Doyle	Mersey	1.61	es
7	Amirah Weightman	Somer	1.61	es
8	Rhiana Burrell	WMid	1.58	es
=	Eloise Hind	Oxford	1.58	es
10	Ella Isaiaes	Devon	1.58	es
=	Zoe Allanson	Berks	1.58	es
=	Niamh Kilgallen	Staff	1.58	es
13	Megan Hamilton-Strong	Devon	1.55	
=	Iona Irvine	Hamp	1.55	
15	Halle Ferguson	Lancs	1.55	
16	Francesca Fenwick	Lincs	1.55	
17	Faye Gourlay	Warks	1.55	
18	Emily Dawe	Norf	1.50	
=	Lucy Fyffe	Lancs	1.50	
20	Ella Crowe	IOM	1.50	
21	Mia Swindell	Notts	1.50	
=	Charlie Yates	Derby	1.50	
=	May Meikle	Notts	1.50	
24	Gabriella Thoburn	London	1.45	

**Junior Girls Long Jump**

ES: 5.10 NS: 5.20 BP: 6.22

**Round 1****Pool A**

1	Lydia Smith	Somer	5.51	+0.7	ns
2	Meg Willis	Norf	5.42	+1.4	ns
3	Julia Winogrodzka	Manch	5.35	-1.1	ns
4	Lana Blake	Hamp	5.31	+1.4	ns
5	Niyah Costley	London	5.29	+1.9	ns
6	Niamh Grant	Mersey	5.24	+0.4	ns
7	Isabella Lehtinen	Sussex	5.16	+1.5	es
8	Sarris Teale	Kent	5.13	+1.0	es
9	Maija Purves	Notts	5.10	+2.2	es
10	Tilly Mycroft	Derby	5.08	+1.5	
11	Jemima Hay	Bucks	5.03	+0.0	
12	Tianna Campbell	Midd	4.94	+1.4	
13	Stephanie Jones	Chesh	4.86	+0.5	
14	Maisie Jeger	Berks	4.77	+1.0	
15	Freya Liddington	WMid	4.68	+1.9	

**Pool B**

1	Daisy Dalrymple	Norf	5.27	1.7	ns
2	Kiikii Brown	NYork	5.26	0.3	ns
3	Ella Rush	Derby	5.24	1.3	ns
4	Cleo Tomlinson	Sussex	5.22	2.2	ns
5	Ruby Jerges	Sussex	5.19	0.0	es
6	Rachel Okoro	Berks	5.15	0.0	es
7	Lucy Robinson	Chesh	5.14	1.7	es
8	Melissa Booth	Manch	5.05	0.0	
9	Hannah Cunningham	Manch	4.93	0.0	
10	Naiomi Mwambire	Humb	4.85	1.8	
11	Marina Semple	Oxford	4.85	0.7	
12	Katie Callcut	Lincs	4.76	1.7	
13	Chloe Harris	Devon	4.76	0.0	
14	Tilly Smale	Avon	4.72	0.2	
15	Isla Finlay	Herts	4.55	1.2	

**Final**

1	Cleo Tomlinson	Sussex	5.70	0.0	ns
2	Ella Rush	Derby	5.69	0.0	ns
3	Lydia Smith	Somer	5.62	0.0	ns
4	Lana Blake	Hamp	5.51	0.0	ns
5	Meg Willis	Norf	5.48	0.0	ns
6	Julia Winogrodzka	Manch	5.41	0.0	ns
7	Ruby Jerges	Sussex	5.32	0.0	ns
8	Daisy Dalrymple	Norf	5.22	0.0	ns
9	Kiikii Brown	NYork	5.20	0.0	ns
10	Niamh Grant	Mersey	5.05	0.0	
11	Isabella Lehtinen	Sussex	5.01	0.0	
12	Niyah Costley	London	5.01	0.0	

**Junior Girls Pole Vault**

ES: 2.75 NS: 3.05 BP: 3.55

**Final**

1	Lucinda White	Kent	3.05	ns
2	Amy Hunt	WYork	3.05	ns
3	Emilie Oakden	Sussex	2.90	es
4	Isla Cramer	Leics	2.90	es
5	Lucy Hughes	Corn	2.75	es
6	Eden Dickens	Leics	2.75	es
7	Sian Hubbard	Staff	2.75	es
8	Natasha Clarke	Sussex	2.55	

**Junior Girls Shot**

ES: 10.60 NS: 11.20 BP: 13.92

**Final**

1	Omolola Kuponiya	Essex	12.94	ns
2	Je'nae James	London	11.98	ns
3	Freya Witheat	Herts	11.33	ns
4	Georgia Russell	Surrey	11.15	es
5	Asha Soanes	Norf	10.83	es
6	Daphney Adebayo	SYork	10.76	es
7	Gabriella Jones	Hamp	10.74	es
8	Georgia Clarke	Wilts	10.72	es
9	Macy Noblett	Lancs	10.18	
10	Samaia Dhir	Berks	10.05	
11	Mae Smith	Notts	9.91	

**Junior Girls Discus**

ES: 27.00 NS: 30.00 BP: 39.89

**Final**

1	Zara Obamakinwa	Berks	37.79	ns
2	Katie Webb	Herts	32.61	ns
3	Freya Killilea	Essex	31.68	ns
4	Holly Adams	Humb	30.83	ns
5	Sophie Wheadon	Berks	30.04	ns
6	Lily Carlaw	Nhants	29.93	es
7	Sophie Hamilton	Somer	29.62	es
8	Lucy James	Berks	29.34	es
9	Caitlin Ebbage	Kent	29.30	es
10	Millicent Yoki	Corn	28.94	es
11	Olivia Austin	Hamp	28.55	es
12	Nicole Saunders	Lancs	27.99	es
13	Chibuogu Oduah-Ogiemwonyi	Suff	27.78	es
14	Tazmin Fayle	IOM	27.34	es
15	Zoe Powers	Norf	24.89	
16	Sophie Brown	Notts	22.70	
17	Emily Ross	Herts	22.65	
18	Amber Parker	Oxford	22.24	
19	Fran Wilson	NYork	21.81	
20	Jess Gardiner	Nland		

**Senior Boys Discus**

ES: 40.00 NS: 46.00 BP: 61.87

**Final**

1	Samuel Woodley	Herts	54.56	ns
2	Alfie Scopes	Kent	48.52	ns
3	Joshua Tranmer	Humb	43.24	es
4	Reuben Vaughan	Surrey	42.99	es
5	Cameron Campbell	Chls	42.19	es
6	Ben Wade	Glouc	40.73	es
7	Peter Keefe	Herts	40.16	es
8	Cameron Darkin-Price	Notts	39.98	
9	Kayokari Animashawun	Somer	39.15	
10	James Milburn	H&Wor	38.55	
11	Jordan Kelly	Chesh	37.27	
12	Chukwuemeka Osammor	SYork	28.90	

**Senior Boys Javelin**

ES: 52.00 NS: 56.00 BP: 73.41

**Final**

1	Tom Hewson	Hamp	69.13	ns
2	Edan Cole	Sussex	62.05	ns
3	Joss Foot	Essex	62.01	ns
4	Cameron Hale	Dorset	57.04	ns
5	Edward Chia-Croft	Midd	55.52	es
6	Don Baker	Norf	54.38	es
7	Luke Taylor	Leics	51.23	
8	Jonny Payne	London	50.17	
9	Kieron Sadler	Suff	49.57	
10	Freddie Thornhill	Somer	48.80	

**Senior Boys Hammer**

ES: 52.00 NS: 58.00 BP: 76.84

**Final**

1	Oliver Hewitt	Berks	62.85	ns
2	Samuel Mace	Surrey	61.38	ns
3	Ben Hawkes	Sussex	59.88	ns
4	Oliver Graham	Suff	58.04	ns
5	Jolaoluwa Omotosho	Essex	57.16	es
6	James Lancaster	Surrey	57.03	es
7	Josh Ricketts	Wilts	50.67	

**Junior Girls 100 metres**

ES: 12.70 NS: 12.40 BP: 11.58

**Round 1****Heat 1 (-1.8m/s)**

1	Tyra Khambai-Annan	Surrey	12.52	es
2	Marian Owusuwaah	London	12.79	
3	Milan Jervier	Midd	12.82	
4	Oyinkan Dare	Manch	12.96	
5	Sariyah Shoyelu-Armstrong	Essex	12.98	
6	Lill Fern	Devon	13.01	
7	Lily Norwood	Herts	13.04	
8	Lizzy Harrison	Camb	13.09	
9	Darcey Garbutt	Durham	13.20	
10	Molly Entwistle-Moore	Lancs	13.20	

**Heat 2 (-1.8 m/s)**

1	Nia Wedderburn-Goodison	Midd	12.45	es
2	Emily Cann	Suff	12.52	es
3	Karen Mayindu	Essex	12.61	es
4	Leah Anin	Beds	12.70	es
5	Kayleigh Watson	Cumb	12.79	
6	Jennifer Eduwu	London	12.83	
7	Eleanor Rayner	WYork	12.96	
8	Abigail Adeniji	Manch	12.99	
9	Alesha Azonubi	Lancs	13.25	
10	India Lodge-McGhie	London	13.28	

**Heat 3 (-1.2 m/s)**

1	Moyin Oduyemi	Bucks	12.53	es
2	Afoma Ofor	Cleve	12.59	es
3	Trezequet Taylor	Manch	12.60	es
4	Cynthia Chinemerem Ike	Nhants	12.75	
5	Hilary Gode	WYork	12.77	
6	Nikita Gotthardt-Mills	H&Wor	12.78	
7	Claudia Rodriguez	Chesh	13.09	
8	Mary-Jayne Broomhead	Lancs	13.10	
9	Mya Green	Midd	13.10	

**Final**

(+1.1 m/s)

1	Tyra Khambai-Annan	Surrey	12.20	ns
2	Nia Wedderburn-Goodison	Midd	12.20	ns
3	Trezequet Taylor	Manch	12.35	ns
4	Moyin Oduyemi	Bucks	12.42	es
5	Afoma Ofor	Cleve	12.45	es
6	Emily Cann	Suff	12.49	es
7	Karen Mayindu	Essex	12.58	es
8	Marian Owusuwaah	London	12.79	

**Junior Girls 200 metres**

ES: 26.20 NS: 25.50 BP: 23.60

**Round 1****Heat 1 (-2.1 m/s)**

1	Joy Eze	Nland	25.33	ns
2	Amelia Verney	Dorset	25.50	ns
3	Ruby Anning	Sussex	25.60	es
4	Osarumen Odemwengie	Manch	26.29	
5	Michelvi Wamba	London	26.57	
6	Etienne Maughan	Nhants	26.86	

**Heat 2 (-2.5 m/s)**

1	Success Eduan	Manch	25.20	ns
2	Ava Jones	SYork	25.56	es
3	Ayomide Cole	Hamp	26.12	es
4	Emily Kerr	Kent	26.43	
5	Rebecca Squires	Devon	26.61	
6	Mia Smith	Midd	26.77	
7	Raegan Sellers	Oxford	27.47	

**Heat 3 (-1.8 m/s)**

1	Sophie Walton	Manch	24.82	ns
2	Isabel Male	WMid	25.07	ns
3	Millie King	Suff	25.48	ns
4	Ruby Bowie	Chesh	25.85	es
5	Neave McGhee	Mersey	25.87	es
6	Megan Pickup	Berks	26.42	

**Final**

(-1.1 m/s)

1	Success Eduan	Manch	24.71	ns
2	Joy Eze	Nland	24.76	ns
3	Sophie Walton	Manch	24.88	ns
4	Isabel Male	WMid	25.21	ns
5	Ava Jones	SYork	25.25	ns
6	Amelia Verney	Dorset	25.64	es
7	Millie King	Suff	25.65	es
8	Ruby Anning	Sussex	25.68	es

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**Junior Girls 300 metres**  
ES: 42.00 NS: 41.00**Round 1****Heat 1**

1 Nandy Kihuyu	SYork	40.53	ns
2 Emily Bowart	Kent	41.18	es
3 Amy Battle	Chesh	42.21	
4 Isabel Pinder	Hamp	42.25	
5 Alicja Gawronski	Camb	42.49	
6 Ophelia Pye	Wilts	42.64	
7 Mia Morrisroe	Mersey	43.10	

**Heat 2**

1 Poppy Malik	Notts	40.00	ns
2 Ashley Nemits	Chesh	40.09	ns
3 Isabelle Bloem	WYork	40.80	ns
4 Shakanya Osahon	Kent	41.29	es
5 Emilia Rock	Bucks	41.70	es
6 Lily Bailey	Avon	42.18	
7 Eleanor Milbourn	SYork	42.51	

**Heat 3**

1 Jeslyn Agyei-Kyem	Surrey	39.82	ns
2 Imogen Pughe	Mersey	40.98	ns
3 Isabelle Skelton	Leics	40.99	ns
4 Natalie Groves	WYork	41.03	es
5 Elizabeth Taylor	Camb	41.80	es
6 Fatoumatta Bojang	Chesh	42.11	
7 Stephanie Brooks	Avon	42.74	

**Final**

1 Jeslyn Agyei-Kyem	Surrey	39.20	ns
2 Poppy Malik	Notts	39.69	ns
3 Ashley Nemits	Chesh	39.76	ns
4 Nandy Kihuyu	SYork	40.25	ns
5 Isabelle Bloem	WYork	40.61	ns
6 Emily Bowart	Kent	41.19	es
7 Isabelle Skelton	Leics	41.32	es
8 Imogen Pughe	Mersey	41.41	es

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**Junior Girls 800 metres**

ES: 2:19.00 NS: 2:15.00 BP: 2:06.22

**Round 1****Heat 1**

1 Laure Kidukula	Manch	2:16.36	es
2 Maddison Sawyer	Kent	2:16.55	es
3 Ella Greenway	Humb	2:16.61	es
4 Jessamine Hughes	Notts	2:17.40	es
5 Keira Brady-Jones	Mersey	2:19.12	
6 Erin Bracknell	Sussex	2:20.27	
7 Ruby Brook	Glouc	2:21.01	
8 Ava Lloyd	Lancs	2:23.26	
9 Charlotte Gilbody	Shrop	2:26.97	

**Heat 2**

1 Alice Brown	Essex	2:17.71	es
2 Ava Taparell	Cumb	2:18.53	es
3 Layla Wilkinson	Sussex	2:19.00	es
4 Rosie Hughes	Nland	2:19.92	
5 Valentina Costa	Derby	2:20.77	
6 Flo Brill	Lincs	2:21.69	
7 Daisy Baker	Dorset	2:22.65	
8 Sienna Richardson	Hamp	2:25.00	
9 Charlotte Burrows	Shrop	2:26.71	

**Heat 3**

1 Ruby Simpson	Derby	2:13.94	ns
2 Naomi Toft	London	2:14.84	ns
3 Ellen-Mary Kearney	Mersey	2:17.18	es
4 Shen Wigfield-Turner	WYork	2:18.21	es
5 Olivia Leigh	Lancs	2:18.46	es
6 Kitty Mair	Berks	2:20.03	
7 Sebastienne Bairstow	NYork	2:20.47	
8 Charlotte Underwood	Bucks	2:23.21	

**Heat 4**

1 Zakia Mossi	Midd	2:12.62	ns
2 Zoe Hunter	WYork	2:15.39	es
3 Susannah Lecoutre	Surrey	2:15.73	es
4 Ella Fryer	Midd	2:17.00	es
5 Indienne King	Leics	2:18.78	es
6 Poppy Elton	H&Wor	2:19.05	
7 Abigail Earnshaw	Lancs	2:19.22	
8 Ruby Bell	Manch	2:22.37	
9 Lara Mannes	London	2:22.56	

**Final**

1 Zakia Mossi	Midd	2:10.52	ns
2 Alice Brown	Essex	2:13.15	ns
3 Ruby Simpson	Derby	2:13.71	ns
4 Zoe Hunter	WYork	2:14.62	ns
5 Susannah Lecoutre	Surrey	2:14.95	ns
6 Laure Kidukula	Manch	2:16.15	es
7 Naomi Toft	London	2:17.67	es
8 Maddison Sawyer	Kent	2:23.64	

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**Junior Girls 1500 metres**

ES: 4:48.00 NS: 4:40.00 BP: 4:23.58

**Round 1****Heat 1**

1 Holly Weedall	Chesh	4:41.64	es
2 Maisie Collis	Surrey	4:43.25	es
3 Eva Holland	London	4:43.65	es
4 Emma Shipley	Derby	4:44.08	es
5 Jasmine Young	Berks	4:44.52	es
6 April Hill	Suff	4:45.10	es
7 Aimi Weightman	Herts	4:47.29	es
8 Dalis Jones	Avon	4:47.57	es
9 Lily Saxon	H&Wor	4:47.74	es
10 Emily Chong	Durham	4:49.24	
11 Ashia Wilson	Dorset	4:52.27	
12 Olivia Roderick	Wilts	4:52.34	
13 Olivia Martin	Oxford	4:52.47	
14 Eve Jones	WYork	4:53.27	
15 Rose Garrett	Midd	5:00.87	
16 Amy Harland	Shrop	5:05.57	
17 Emily Russell	Manch	5:08.17	
18 Faye O'Hare	Mersey	5:09.96	

**Heat 2**

1 Beatrice Wood	Wilts	4:32.78	ns
2 Ines Curran	Nland	4:43.51	es
3 Bethany Cook	Sussex	4:44.21	es
4 Kate Price	London	4:44.33	es
5 Alice Jones	NYork	4:44.71	es
6 Orla Williams	Bucks	4:47.92	es
7 Charlotte Dewar	Berks	4:48.37	
8 Mia Manttan	Midd	4:49.45	
9 Tally Smyj-James	Warks	4:49.47	
10 Hattie Reynolds	Norf	4:50.93	
11 Grace Roberts	Chesh	4:51.41	
12 Olivia Logan	Mersey	4:51.59	
13 Pippa Roessler	Surrey	4:52.41	
14 Ellie Dolby	Kent	4:52.72	
15 Natalie Hatfield	H&Wor	4:53.44	
16 Phoebe Bowen	London	4:53.95	
17 Holly Wilkinson	Hamp	4:54.00	
18 Anna Mason	Cumb	4:54.05	
19 Beth Rawlinson	Shrop	4:54.60	

**Final**

1 Beatrice Wood	Wilts	4:28.11	ns
2 Maisie Collis	Surrey	4:32.76	ns
3 Holly Weedall	Chesh	4:35.75	ns
4 Eva Holland	London	4:39.12	ns
5 Emma Shipley	Derby	4:39.74	ns
6 Ines Curran	Nland	4:40.49	es
7 Bethany Cook	Sussex	4:42.31	es
8 Jasmine Young	Berks	4:46.62	es
9 Alice Jones	NYork	4:47.52	es
10 Kate Price	London	4:50.24	
11 Aimi Weightman	Herts	4:51.21	
12 April Hill	Suff	4:52.85	

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**Junior Girls 75 metres Hurdles**

ES: 11.70 NS: 11.40 BP: 10.70

**Round 1****Heat 1 (+1.5 m/s)**

1 Ella Manning	Hamp	11.26	ns
2 Katie Chapman	Devon	11.29	ns
3 Ruby Mace	Essex	11.43	es
4 Rosie Meakin	Chesh	11.57	es
5 Sofija Dragisic Wood	Manch	11.59	es
6 Kamiya Smith	WMid	11.71	
7 Gabriella Whiteley	NYork	11.98	

**Heat 2 (+1.7 m/s)**

1 Mia McIntosh	Herts	11.04	ns
2 Charlotte Rutter	Cleve	11.31	ns
3 Myah Booth	Lancs	11.34	ns
4 Elle Hinchliffe	SYork	11.36	ns
5 Amelia Leighton	Warks	11.48	es
6 Amy Lott	Nland	11.49	es
7 Tegan Armstrong	Oxford	12.05	

**Heat 3**

1 Willa Gibb	Wilts	11.32	ns
2 Meg Corker	Chesh	11.43	es
3 Emily Knight	Essex	11.43	es
4 Tabitha Proudley	Hamp	11.61	es
5 Sophia Deans	WMid	11.67	es
6 Lucy Kirby	Sussex	11.90	

**Heat 4**

1 Emily Frimpong	Kent	11.24	ns
2 Lauren Watkins	Berks	11.39	ns
3 Abby Masquelier	Bucks	11.46	es
4 Amelia Briggs-Goode	Notts	11.62	es
5 Kate Smith	Nland	11.69	es
6 Maddy Dowden	Nhants	11.71	
7 Georgie Bristow	Oxford	11.73	

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**Round 2****Semi-final A (+1.9 m/s)**

1 Mia McIntosh	Herts	11.01	ns
2 Katie Chapman	Devon	11.18	ns
3 Willa Gibb	Wilts	11.23	ns
4 Elle Hinchliffe	SYork	11.27	ns
5 Emily Knight	Essex	11.34	ns
6 Myah Booth	Lancs	11.41	es
7 Meg Corker	Chesh	11.42	es
8 Amy Lott	Nland	11.55	es

**Semi-final B (+2.7 m/s)**

1 Ella Manning	Hamp	11.15	ns
2 Lauren Watkins	Berks	11.22	ns
3 Charlotte Rutter	Cleve	11.27	ns
4 Emily Frimpong	Kent	11.35	ns
5 Rosie Meakin	Chesh	11.35	ns
6 Abby Masquelier	Bucks	11.36	ns
7 Ruby Mace	Essex	11.49	es
8 Amelia Leighton	Warks	11.71	

**Final**

(+2.1 m/s)

1 Mia McIntosh	Herts	11.15	ns
2 Katie Chapman	Devon	11.24	ns
3 Lauren Watkins	Berks	11.29	ns
4 Elle Hinchliffe	SYork	11.33	ns
5 Ella Manning	Hamp	11.34	ns
6 Charlotte Rutter	Cleve	11.36	ns
7 Emily Knight	Essex	11.41	es
8 Willa Gibb	Wilts	11.44	es

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**Junior Girls 4x100 metres Relay**

ES: 52.00 NS: 50.00 BP: 47.37

**Round 1****Heat 1**

1 Kent	Kent	49.06	ns
2 London	London	49.18	ns
3 South Yorkshire	SYork	49.39	ns
4 Cambridgeshire	Camb	49.71	ns
5 Cheshire	Chesh	50.19	es
6 Buckinghamshire	Bucks	50.63	es

**Heat 2**

1 Greater Manchester	Manch	48.53	ns
2 Devon	Devon	49.31	ns
3 Suffolk	Suff	49.32	ns
4 Sussex	Sussex	49.82	ns
5 Lancashire	Lancs	50.71	es
6 West Midlands	WMid	51.58	es

**Heat 3**

1 Middlesex	Midd	48.70	ns
2 Hampshire	Hamp	48.89	ns
3 Humberside	Humb	50.59	es
4 Derbyshire	Derby	51.74	es
5 Oxfordshire	Oxford	52.26	
6 Merseyside	Mersey	54.30	
Avon	Avon	dns	

**Final**

1 Greater Manchester	Manch	47.78	ns
2 Middlesex	Midd	47.96	ns
3 Hampshire	Hamp	48.79	ns
4 London	London	48.84	ns
5 Kent	Kent	48.87	ns
6 Suffolk	Suff	50.06	es
7 South Yorkshire	SYork	50.20	es
Devon	Devon	dq	